



Forest Computer Pals for
Seniors
2013

Last Month

Thank you to Derek, Dick and others for helping in the Windows 8 presentation last month.

Trainers learnt a great deal at the March Special meeting from Ken and questions raised by attendees.

Great work all.

Thank you Ken.

Presidents report



New free DVD for members

86 Program to choose from.

Choose any or none its your choice.

Presidents report



Install security software and update it regularly. **On DVD.**

Your Anti-Virus – Anti-Malware-Anti-Spamware.

It also includes updates from Microsoft, Java and Adobe.

They above usually update on a weekly basis, some more frequently.

Presidents report



Use a Security Suite. (Sometimes called internet suite)

Microsoft Essentials - integrates with Windows XP, Vista or Windows 7 Firewall (**Download from internet or Club computer or use club DVD in Club room**). Does not work on Windows 8

Comodo Suite ver. 13 - Firewall, Anti-Virus, anti-Spyware. (Free and also on **club DVD**).

Trend Micro - Firewall, Anti-Virus, anti-Spyware.

Kaspersky - Internet Security Suite.

Presidents report



Windows XP extended support runs out in April 2014.(no updates no support).

Windows 7 mainstream support runs out in 2015 with Extended running out in 2020.

Presidents report



Anti-Spamware / Malware program. -

Malwarebytes: <http://tiny.cc/mrpeow>

Ad-Aware: <http://tiny.cc/73peow>

Presidents report



Backing up your computer.

Purchasing an external Hard drive or

Large Flash drive.

BACK UP



- ❧ Use a Freebie like.
- ❧ Genie Timeline Free 2012
- ❧ Timeline I found the easiest to use of the 3 and most reliable.
- ❧ I've been using versions of this program for years now
- ❧ EaseUS Todo Backup Free Failed to load program second time I used it.
- ❧ SyncBackFree Complex, but does a great job.
- ❧ Good help file.

Installing Windows 8



❧ Q: Should I upgrade to Windows 8

❧ A: Yes, but not as an Upgrade!

❧ Q2:Why:

❧ A2: A custom install will give you a better and cleaner installation.

❧ Tried and proven.

Presidents report



The Phone call asking about your House Mortgage. Or
Calling about your Windows has a problem.
Just hang up, they're at it again.
Emails inferring they are from PayPal and
updating your account (scam) forward email
as an attachment to: spoof@paypal.com.au

Presidents report



The Government SCAMwatch website is the best place to check if you think you are at risk of being scammed.

<https://www.scamwatch.gov.au/content/index.phtml/tag/reportascam/>

Presidents Report



Club newsletters and lots of other attachments you receive by email are in PDF. Portable Document Format.

Try Nitro Reader,

<http://www.nitroreader.com/download/>

Or

Foxit Reader, [http://foxit-](http://foxit-reader.soft32.com/free-download)

[reader.soft32.com/free-download](http://foxit-reader.soft32.com/free-download)

Presidents Report

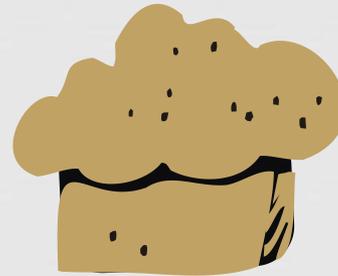


Medical:

Don't forget your Flu shots.

I'm informed you need not worry about TB Shots unless you are likely to come in to direct contact with someone with TB

The End



☞ Thank you



Enjoy your Cupper