

FOREST COMPUTER PALS FOR SENIORS

2012



PRESIDENTS REPORT

Install security software and update it regularly.
That means Anti-Virus – Anti-Malware-Anti-Spamware.

Most include upgraded Firewall protection.

Install “Driver Easy” to keep all Drivers up-to-date.



PRESIDENTS REPORT

Use a Security Suite. (Sometimes called internet suite)

Microsoft Essentials - integrates with Windows XP, Vista or Windows 7 Firewall (**Download from internet or Club computer or use club DVD in Club room**).

Comodo Suite - Firewall, Anti-Virus, anti-Spyware. (Free and also on **club DVD**).

Trend Micro - Firewall, Anti-Virus, anti-Spyware.

Kaspersky - Internet Security Suite.



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Anti-Spamware / Malware program. -

Malwarebytes:

http://shop.malwarebytes.org/lpa/342/4/7268/free_d.html

Ad-Aware: <http://www.lavasoft.com/>



PRESIDENTS REPORT

Backing up your computer.

Purchasing an external Hard drive or

Large Flash drive.



PROTECTING YOUR GRANDKIDS.

Queensland police have released an e-book detailing how to spot red flags in your kids' internet activity:

[Police Handbook: Who's chatting to your kids?](#)

Copy available at club.

[Bravehearts Inc](#) is a company founded by Australia's leading child protection advocate, Hetty Johnston. The website features a guide to *Keeping Children Safe Online* and the "[Help Button](#)" application, which provides help and information on cybersafety issues while browsing, 24 hours a day, seven days a week.

PRESIDENTS REPORT

The scammer rings you and says he needs access to your computer to remove a virus.

This ties to calls from call centres telling you there is something wrong with your windows.

Just hang up.



PRESIDENTS REPORT

Club newsletters and lots of other attachments you receive by email are in PDF. Portable Document Format.

Try Nitro Reader,

<http://www.nitroreader.com/download/>

Or

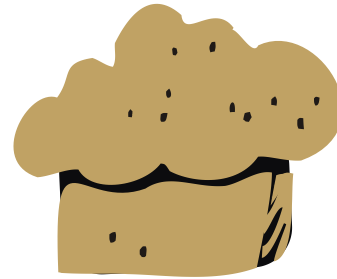
Foxit Reader, <http://foxit-reader.soft32.com/free-download>

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**Next Meeting
26th July 2012**



THE END



Thank you

Enjoy your Cupper