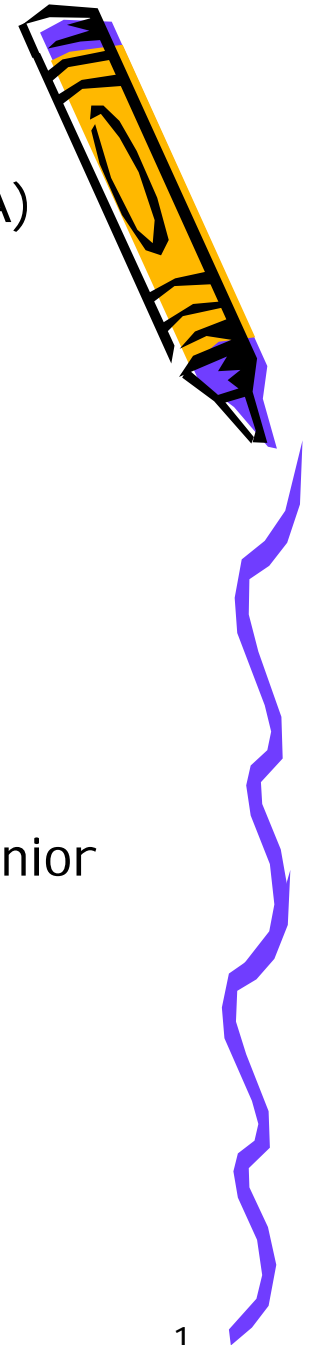


Notice:

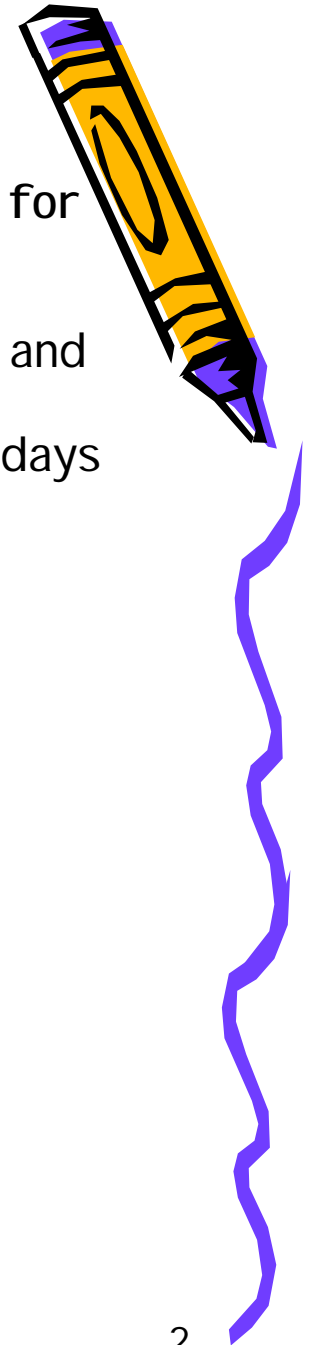
- Australian Seniors Computer Clubs Association (ASCCA) 10th Seniors Computer Conference.
- The Powerhouse Museum. 500 Harris Street, Ultimo.
- Accessible by bus, light rail and monorail.
- August Wednesday 27th & Thursday 28th
- 8:30am to 4:00 pm Includes Morning Tea and Lunch.
- Multiple afternoon sessions each day.
- Guest speakers include:
 - Peter Cullen US-based Chief Privacy Strategist and Senior Director, Microsoft.
 - Peter Blasina, The Gadget Man
 - Were hoping to get Rod for one Afternoon session.



Forest Computer Pals

Notice:

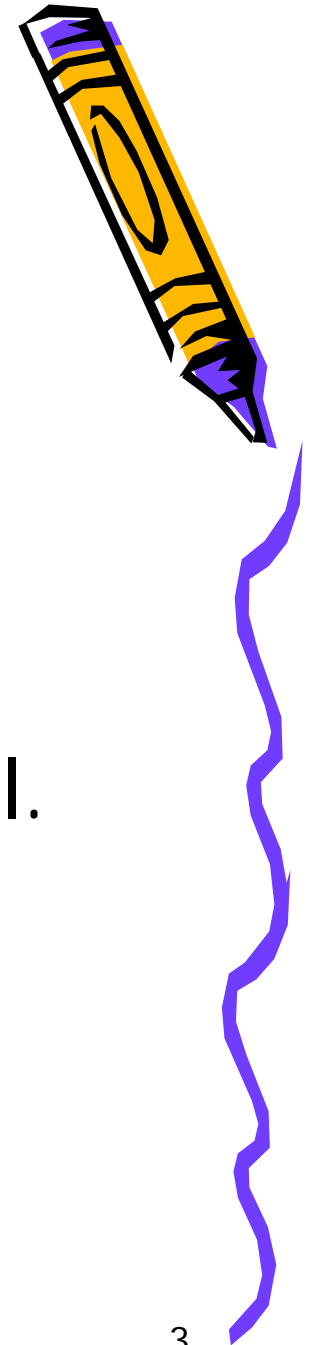
- Cost: Fees for members of ASCCA member clubs are \$80 for two days or \$50 for one days. (Forest Members)
- Fees for holders of a Seniors Card will be \$100 for two days and \$75 for one day.
- Fees for other members of the community are \$180 for two days or \$120 for one day.
- More info at: <http://www.ascca.org.au/> on right side of page.



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Test of Knowledge:

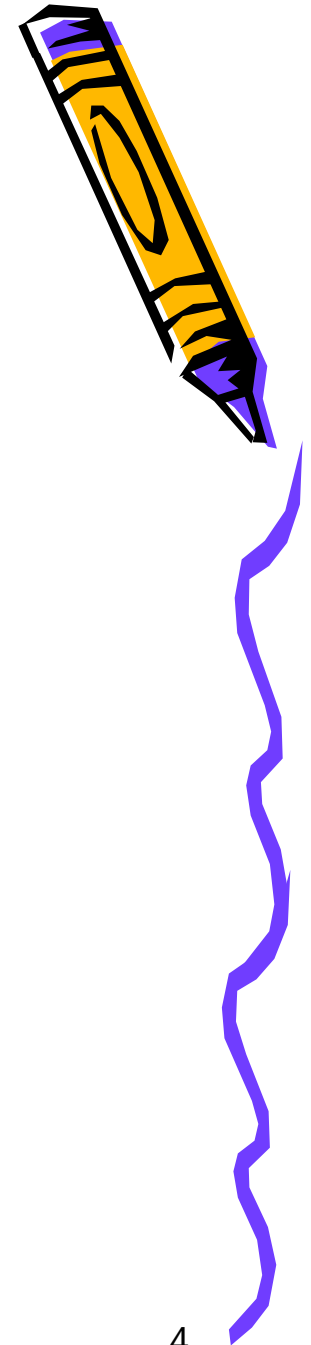
- Why shouldn't you eat or drink at your computer.
- Ask Sandra!
- Coffee and keyboards don't go well.



Forest Computer Pals

You Asked for it!

- Last month members requested
- A copy of my report be put on our web site.
- Its up with a link on right side of home page.
- <http://www.forestcompals.org.au/>
- Presidents Report.



Forest Computer Pals

Hardware Report:

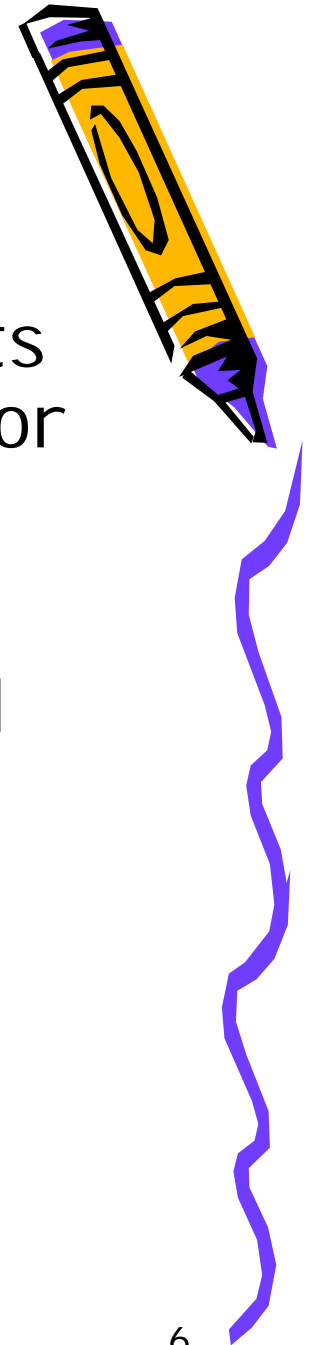
- ✓ If you use a DVD Player on your computer
- ✓ and use Cyberlink Power DVD
- ✓ you are locked to 1 region.
- ✓ If you want to play DVD's from any region
- ✓ Try VLC Media Player
- ✓ <http://www.videolan.org/vlc/>
- ✓ Click on the underlined word Windows and follow instructions to download.
- ✓ Then Install.



Forest Computer Pals

Presidents Report : Program & OS Updates

- XP & Vista: Microsoft has released its Service Packs (SP1 for Vista & SP3 for XP). Copy in small grey cupboard.
- Copies on Club computer as well.
- Office 2003: Microsoft has released its Service Pack 3 (SP3). CD for Cupboard.
- Office 2003 will run on Vista quite happily.



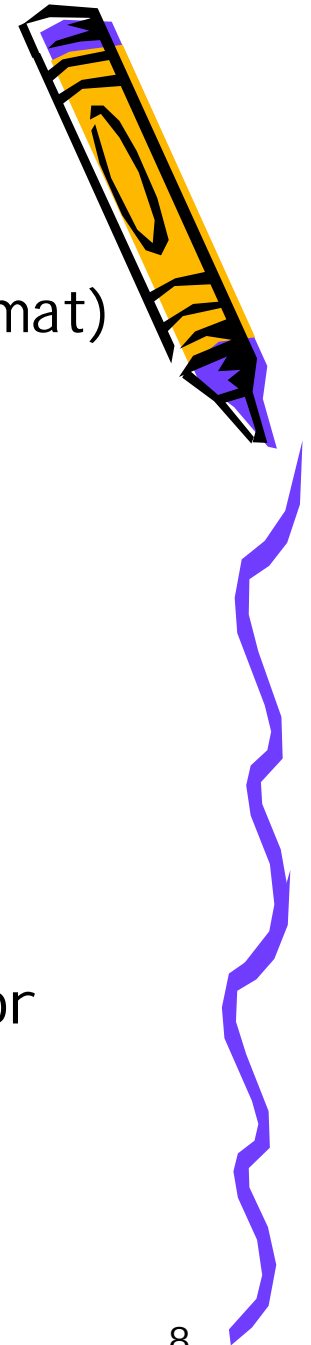
Forest Computer Pals

Presidents Report: Hoax E-mails

- Emails purporting to report a Virus warning, and
- Telling you to send to everybody on your mail list.
- Your wasting your bandwidth (amount of Mb's your allowed each month) & anybody you sent it to.
- Your Chain mailing.
- Those who do it to me go on my **BLACKLIST**.



Presidents Report: Newsletter Problems



- To open Forest News (or any document in pdf format) you need Adobe Reader.
- download a free copy of Adobe reader from www.adobe.com
Adobe Reader ver 8.x.
- You may also need to do the following in Outlook Express:
 - 1. Click on Tools menu.
 - 2. Click Options .
 - 3. Click/select Security tab.
 - 4. Untick Do not allow attachments to be saved or opened that could potentially be a virus.



Presidents Report : Anti-Virus programs



- McAfee, Trend Micro, Norton. (Stand alone Paid).
- Avast, AVG, Clam A/V. (Free)
- Set them to "Auto Update" and your computer will check when you go online.
- Please make sure you update your Anti-Virus programs at least Weekly.

Pick one Anti-Virus program, use
only 1



Forest Computer Pals

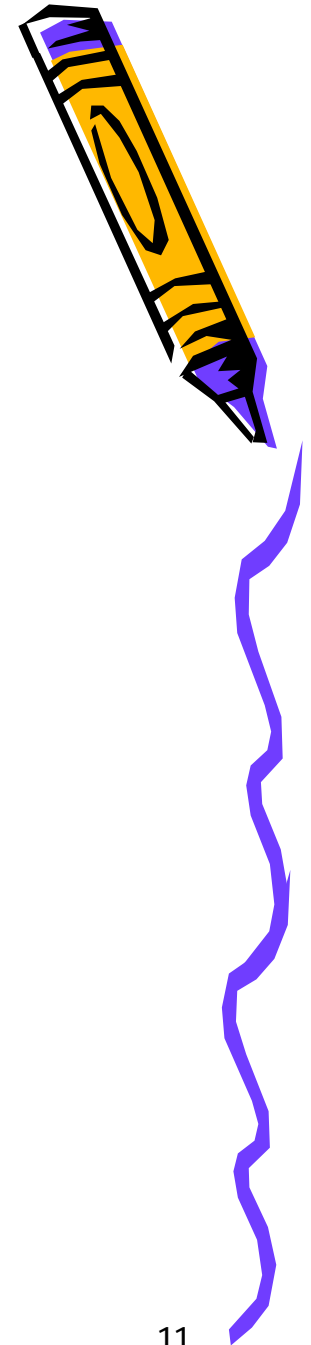
Presidents Report : Anti-Spyware programs

- Spyware Terminator (Auto update feature).
- Ad-Aware Personal 2007, AVG Anti-Spyware, Spy-Bot Search and Destroy (New version 1.5x), A-Squared (A²).
- CCleaner: Cleans up the junk that accumulates on your hard drive. <http://www.ccleaner.com/>
- All of these should be updated at least weekly
Use at least 3 of these programs.



Presidents Report: Free Firewall Programs

- Zone Alarm (XP - Vista Ready) Auto check for new version.
- Comodo 3.0.21.329 (Win XP and Vista only) NO Auto check for new version.
- Ashampoo Firewall Free (Win XP or win 2000)
- Kerio Personal Firewall (XP - Vista Ready)
- PCTools Firewall Plus: Download & Register Free. (XP, Vista Ready)
- Most of these will tell you when there are updates or new versions. You should check website monthly.
- Pick 1 and use only 1 Turn off Windows or Remove any other first.



Forest Computer Pals

Presidents Report: All in One

- McAfee ASAP Monitored Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Site Advisor, Firewall. Installation is through Hi-Speed or Club (That Means Me). Same rules apply as in newsletter.
- If your computer has Viruses or Norton A/V it will mean going to Hi-Speed and paying for removal + the installation of New Software.
- Trend Micro Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Firewall.



Forest Computer Pals