#### CB

# Forest Computer Pals for Seniors 2012

Anyone seen the Blog: Thanks to Joan last months guest speaker. She's proved anyone can do it.

http://forestcompals.blogspot.com.au/

New Website

Who's had a look.

Well for the rest

http://forestcomputerpals.org.au/

We know visitors have liked it as they spend average visit is 12 minutes.

For ever in internet terms.

Very large thank you to Kerrie who did all the work.

Mail Monday Plain envelope addressed "To The Householder"
Who got it?
Combined Warning from
Aust Post, ASIC, ACC & NSW Police.
Warning of Investment Fraud
Best info from:

https://www.moneysmart.gov.au/
Copy on our website.

Install security software and update it regularly.

That means Anti-Virus – Anti-Malware-Anti-Spamware.

Most include upgraded Firewall protection.

Use a Security Suite. (Sometimes called internet suite)

Microsoft Essentials - integrates with Windows XP, Vista or Windows 7 Firewall (Download from internet or Club computer or use club DVD in Club room).

Comodo Suite - Firewall, Anti-Virus, anti-Spyware. (Free and also on club DVD). Trend Micro - Firewall, Anti-Virus, anti-Spyware. Kaspersky - Internet Security Suite.

Anti-Spamware / Malware program. -

Malwarebytes: http://shop.malwarebytes.org/lpa/342/4/7268/free\_d.html

Ad-Aware: http://www.lavasoft.com/

Backing up your computer.

Purchasing an external Hard drive or

Large Flash drive.

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The Phone call asking about your House Mortgage.
Its another Indian.

Please don't fall for this one as its your home that's in jeopardy.

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Club newsletters and lots of other attachments you receive by email are in PDF. Portable Document Format. Try Nitro Reader, http://www.nitroreader.com/download/ Or Foxit Reader, http://foxitreader.soft32.com/free-download

#### New Teaching CD

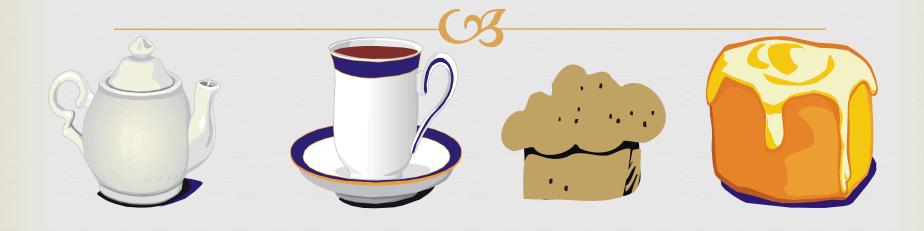
top by stop instruction

Step by step instructions on: Windows XP & Windows 7.

Basics of Word Processing Creating a documents to Saving a document.

Short demo of Windows 8 Cost \$25.00

#### The End



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Enjoy your Cupper