

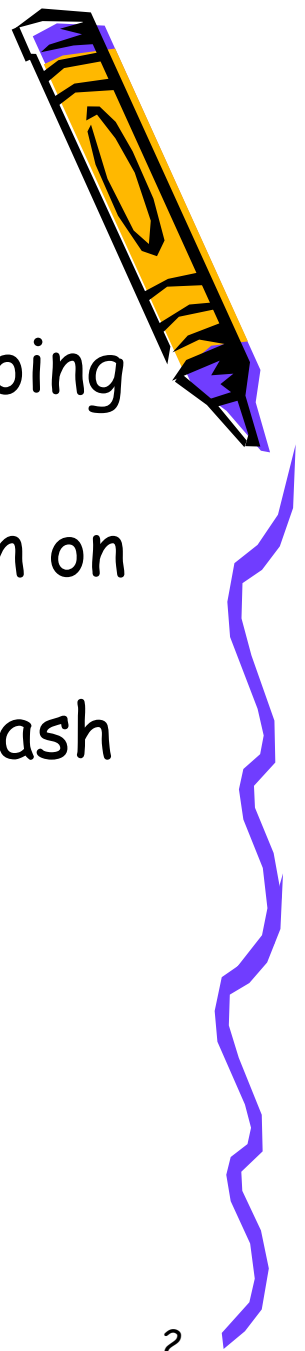
# From Sandra: RAM or

- Why is my computer running slow?
- How Much Memory does your computer have?
- Windows XP Recommended Minimum 1 Gb.
- Windows Vista Recommended Minimum 2 Gb.
- Windows 7 Coming Recommended Minimum 2 Gb.
- Sandra's handout covers it in detail.



# President Report: Computer Repairs

- A report from Sky News on Computer repairers in the UK has found repairers going through personal files.
- Moral try not leaving sensitive information on your computer.
- Keep Bank and other sensitive info on a Flash drive or removable drive.
- Buyer beware.



# Presidents Report: Newsletter

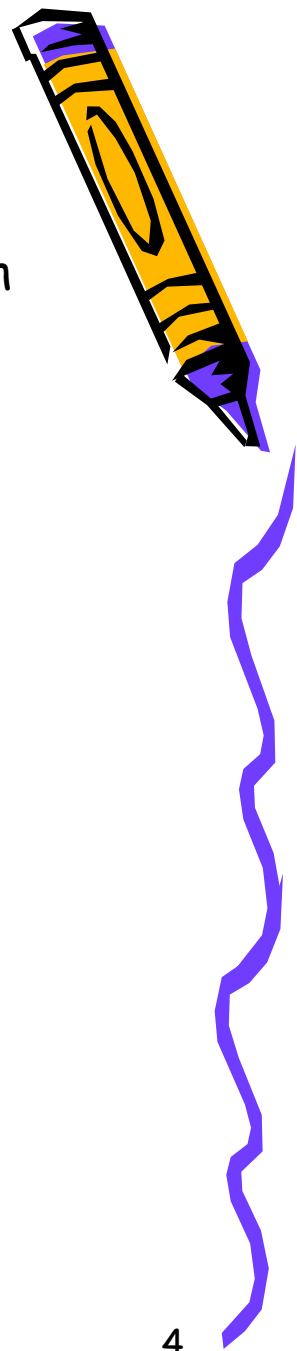


- To open Forest News (or any document in pdf format) you need a PDF Reader (Portable Document Format).
- download a free copy of Foxit Reader from [www.foxitsoftware.com](http://www.foxitsoftware.com) click on button "Download for free".
- Any members who would like to get their Newsletter by email please contact either Dick Manuell or Me.
- If you contact both of us by email it allows us to verify our records.

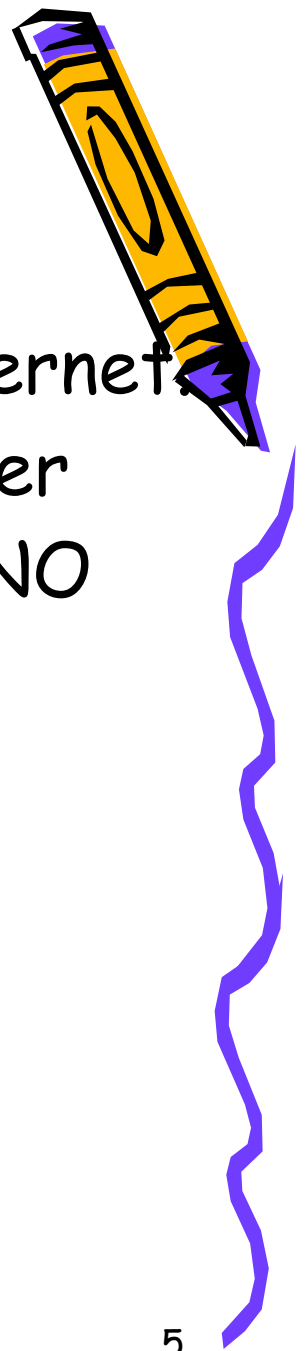


# Presidents Report: Club Server

- Our Server will close down on Friday 24<sup>th</sup> 4:30pm till Monday 27<sup>th</sup> 8:00am, due to
- People Telecom is doing service on their Servers.
- No Website till Monday and no access to Newsletters or Presidents Reports.



# Presidents Report: New Service to Members

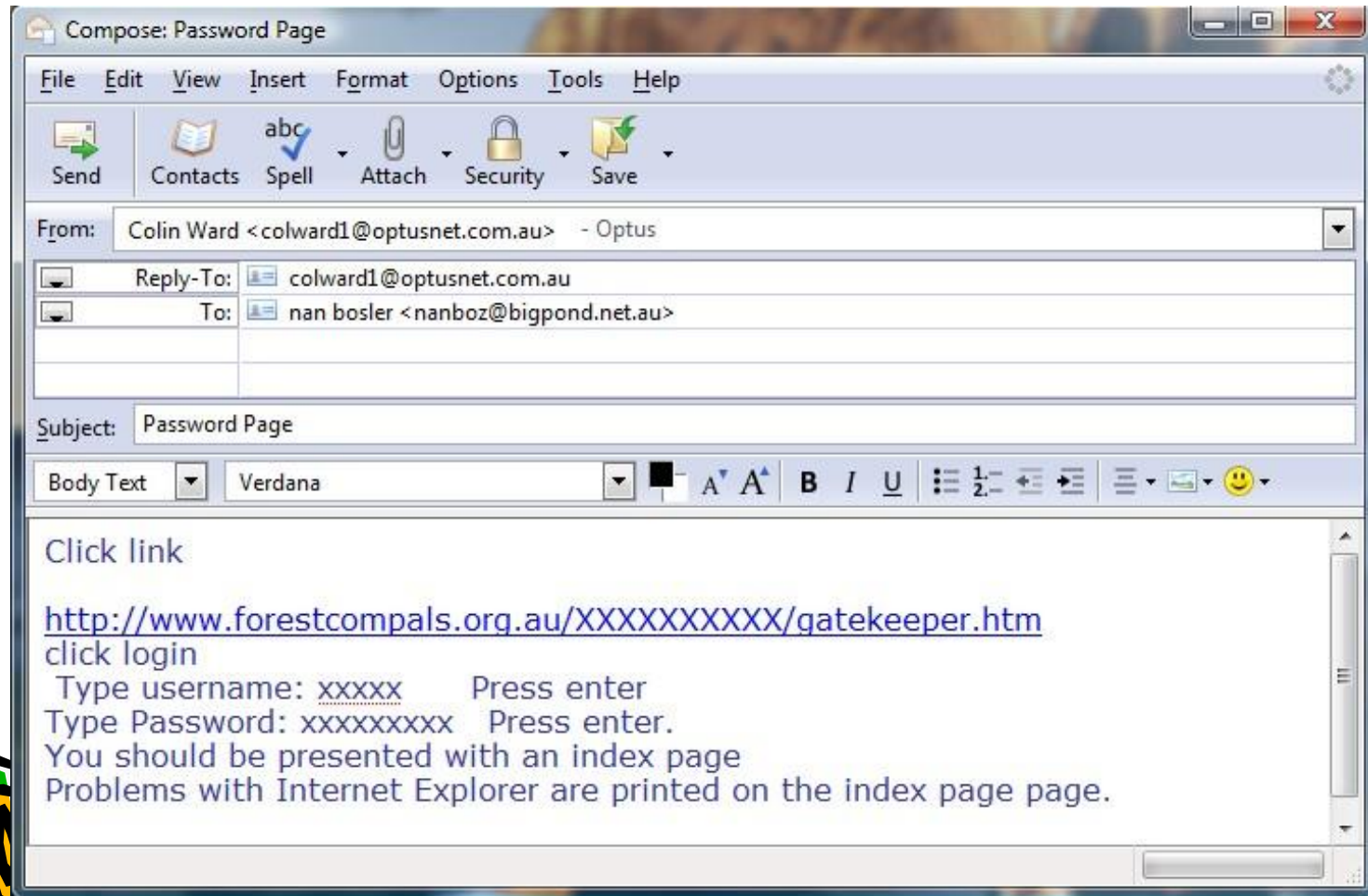


- For those who can't find files I've recommended you download from the internet.
- Programs like Belarc Advisor. Foxit Reader
- Email Colin asking for specific program (NO Games).
- You'll receive a reply email with a link, username & password.
- Click link, put in user name, Click OK.
- put in Password, Click OK.



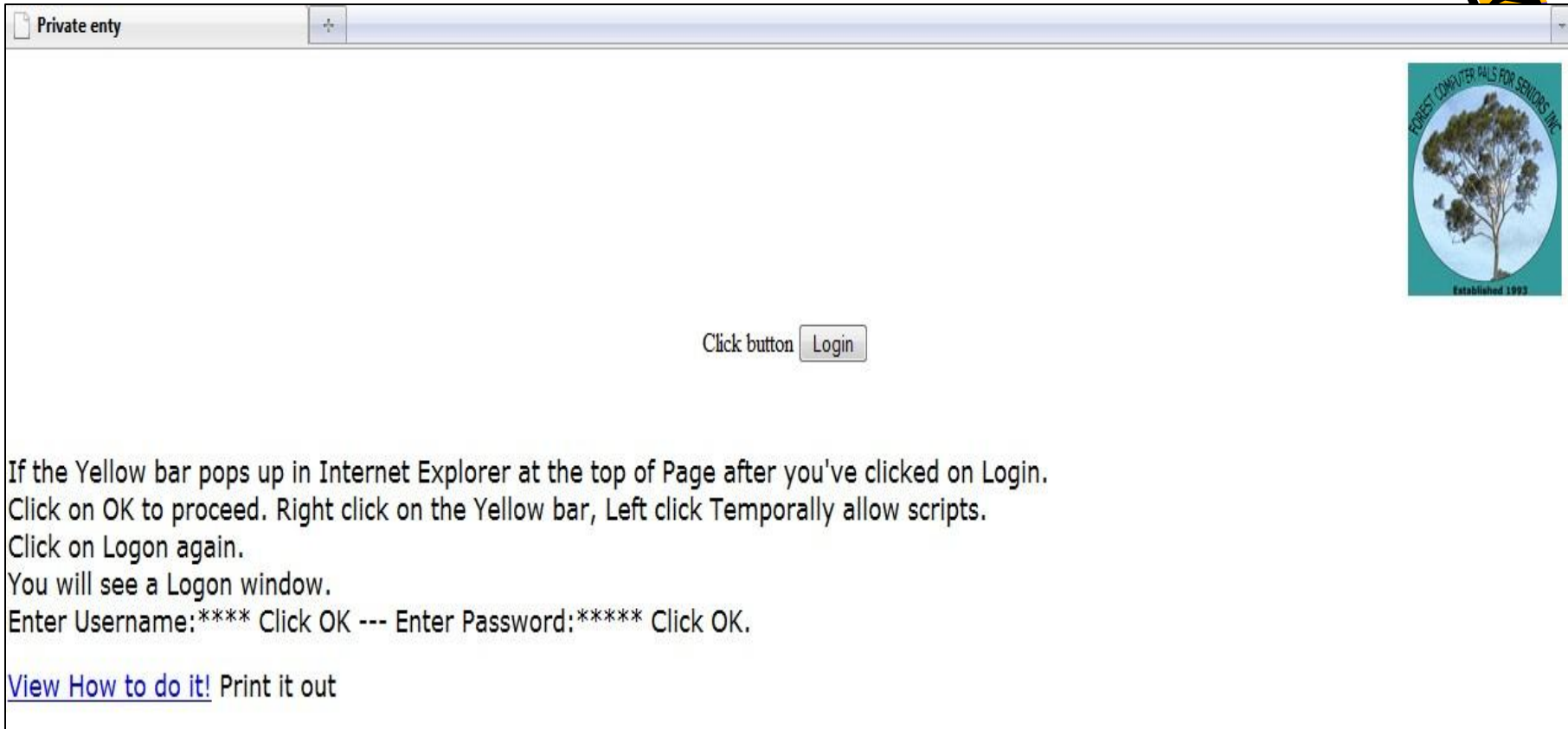
# Presidents Report: New Service to Members

- My reply will look like this!



# Presidents Report: New Service to Members

 This is a protected page.



Private enty

Click button

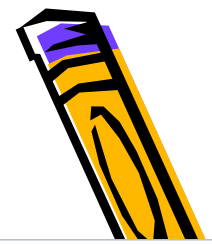
FOREST COMPUTER PALS FOR SENIORS INC.  
Established 1993

If the Yellow bar pops up in Internet Explorer at the top of Page after you've clicked on Login.  
Click on OK to proceed. Right click on the Yellow bar, Left click Temporally allow scripts.  
Click on Logon again.  
You will see a Logon window.  
Enter Username:\*\*\*\* Click OK --- Enter Password:\*\*\*\*\* Click OK.

[View How to do it!](#) Print it out



# Presidents Report: New Service to Members



Members Downloads Index

## This is the Index to Your Requested Software



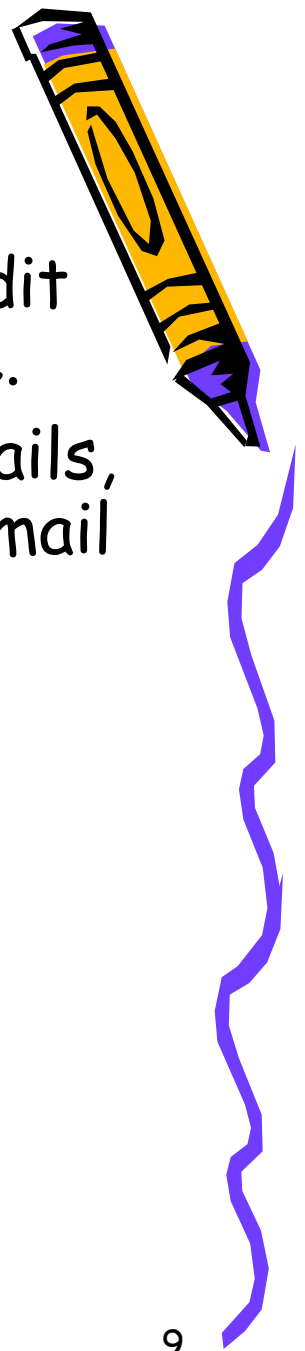
Program	Program Description	What to do	Size
<a href="#">Belarc Advisor</a>	Will give a description of your computer and its contents.	Download then Run. Save & or Print Results.	2.03 Mb
<a href="#">Decrapifier version 2.0</a>	This program will remove the junk programs installed by maker (e.g. Acer, Dell etc.)	Download and then install the program. Run Program and follow Prompts.	1.70 Mb
<a href="#">Foxit Reader</a>	Use this in place of Adobe Reader. A program that reads PDF files.	Download and then install the program.	3.32 Mb





# Presidents Report: Fraud

- Emails that claim to be from your bank, Credit Card Company or some other service you use.
- It usually asks you to send your account details, and sometimes your PIN, either by return email or through a website.
- They don't need your PIN or PASSWORD to deposit to your Account.
- Don't click links etc.
- Don't answer any email links unless you were expecting the email.
- COPY LINK to Browser.



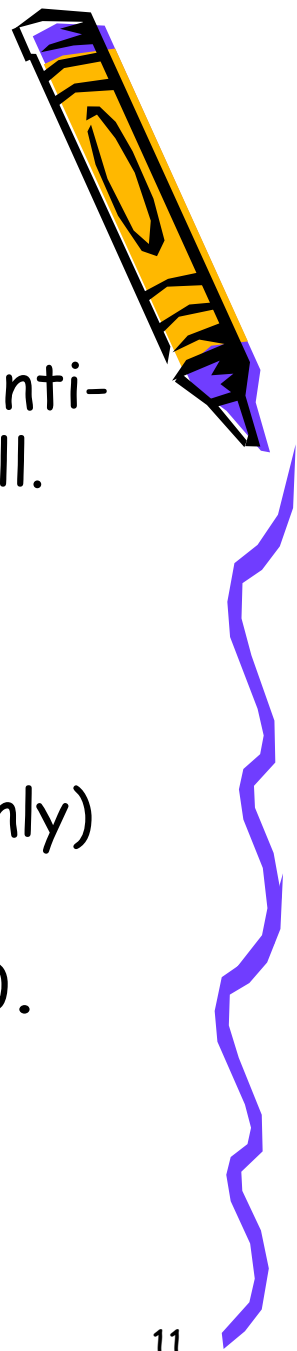
# Presidents Report: Fraud



- How to protect yourself from email scams.
  1. Stay calm
  2. Keep your computer secure
  3. Go to the official website for your financial institution
  4. Be suspicious if asked for details in an email
  5. Look for '.au' domain for Australian sites
  6. Take privacy precautions
  7. Act quickly if you think you've been conned.
- 8. Use the following programs to help protect you.



# Presidents Report: All in One



- Kaspersky Internet Suite 2009 All in One.
- McAfee ASAP Monitored Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Site Advisor, Firewall. Installation is through Hi-Speed.
- Trend Micro Suite: Anti-Virus, Anti-Spyware Anti-Phishing & Firewall.
- Comodo 1.0.0.6 Full Suite (Win XP and Vista only) Auto check for new version. Its FREE.
- Bullguard Internet Security Suite. \$US 70.00.



# Presidents Report : Anti-Virus programs

- A must have on any computer.
  - Set it to "Auto Update" and your computer will check when you go online.
  - Please make sure you do it at least Weekly.
  - Avast is free.
  - AVG is free and includes Antispyware
- Pick one Anti-Virus program, use only 1



# Presidents Report : Anti-Spyware programs



- Spyware Terminator (Auto update feature).
- Ad-Aware Free - Anniversary Edition
- AVG Anti-Spyware Part of Anti-Virus
- Spy-Bot Search and Destroy
- A-Squared (A<sup>2</sup>).
- CCleaner: Cleans up the junk that accumulates on your hard drive. <http://www.ccleaner.com/>
- All of these should be updated at least weekly



# Presidents Report : Anti-Malware programs

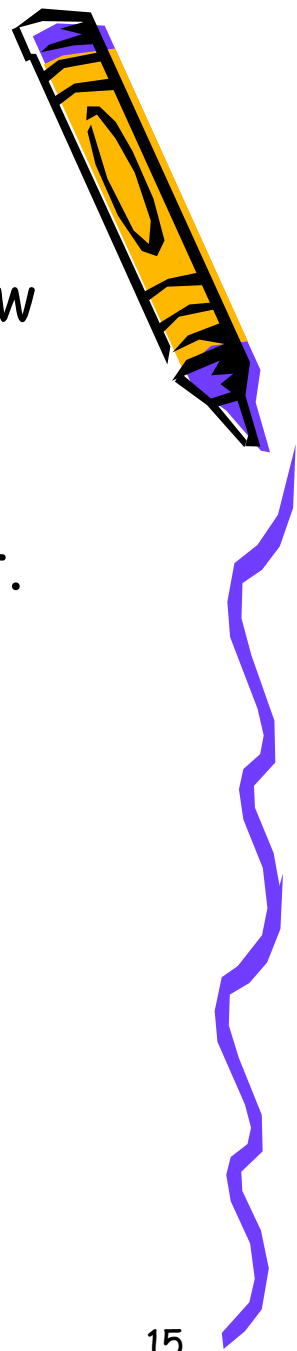


- Malwarebytes Anti-Malware Free version.
- F-Secure online Anti-Virus & Anti-Malware
- <http://support.f-secure.com/enu/home/onlineservices/fshc/front.html>
- Needs Internet Explorer with latest ActiveX components installed first, then the little program installs or updates if you've already installed.
- It runs automatically after download & install. Don't rush it, let it do its job properly.



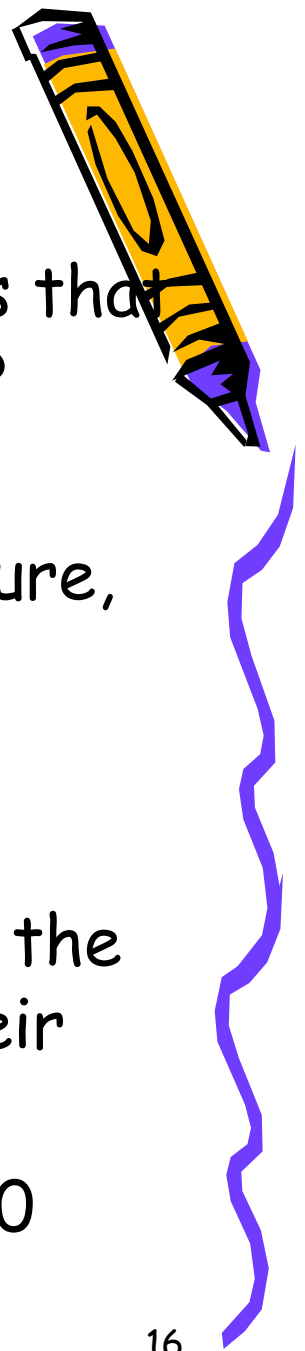
# Presidents Report: Free Firewall Programs

- Zone Alarm (XP - Vista) Auto check for new version.
- Pick 1 and use only 1
- Turn off Windows or Remove any other first.



# Presidents Report: Windows Updates

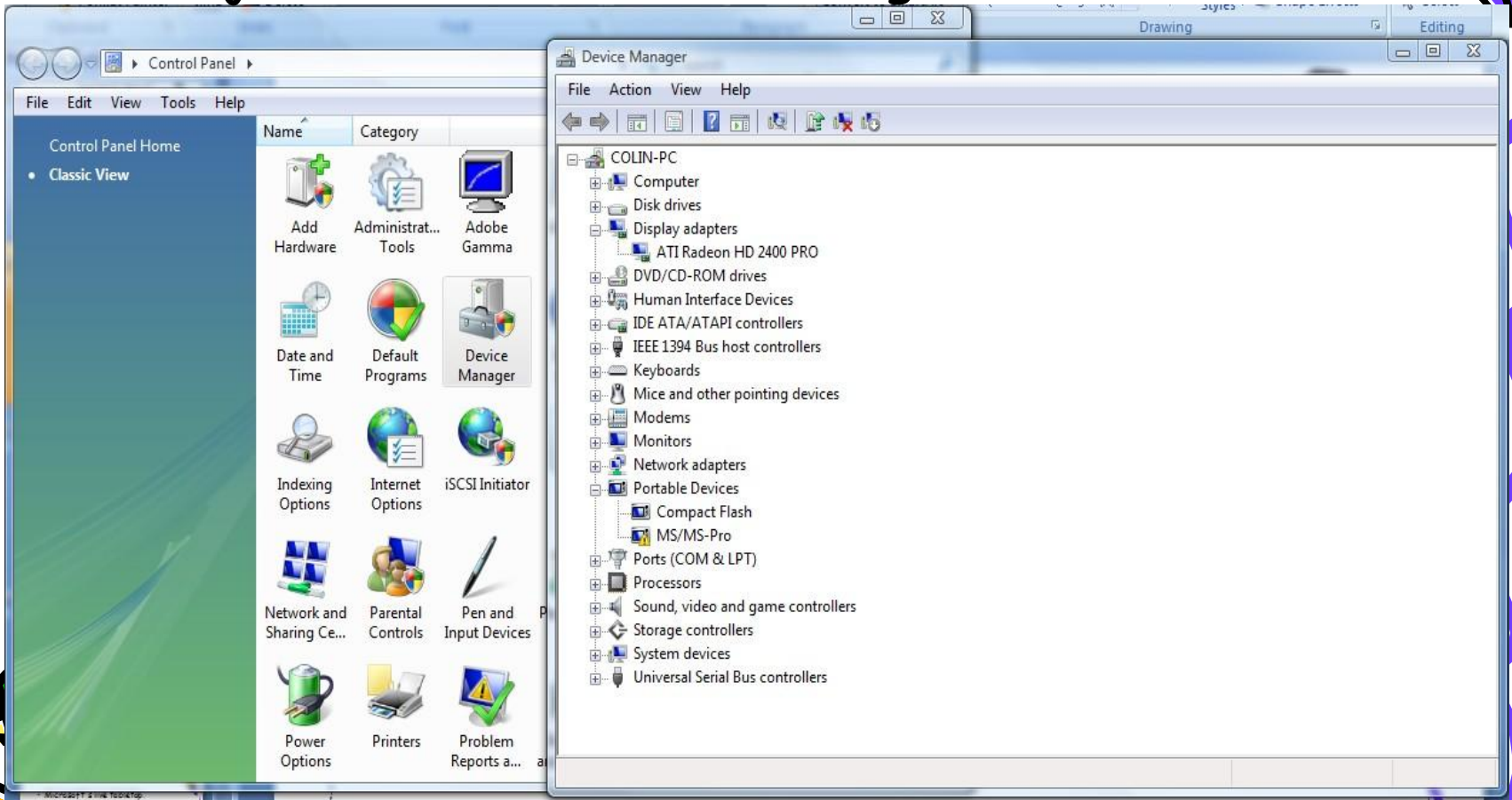
- What happens when Windows update drivers that aren't quite compatible with your computer?
- An upset Computer and user!!\*\*
- Well if you run the Previous program, F-Secure, say monthly, it will tell you what Drivers and software need updating.
- OR
- Look in Control Panel Device Manager to see the name and brand of components and go to their website to update. Or Buy
  - » Driver Detective about \$US30.00



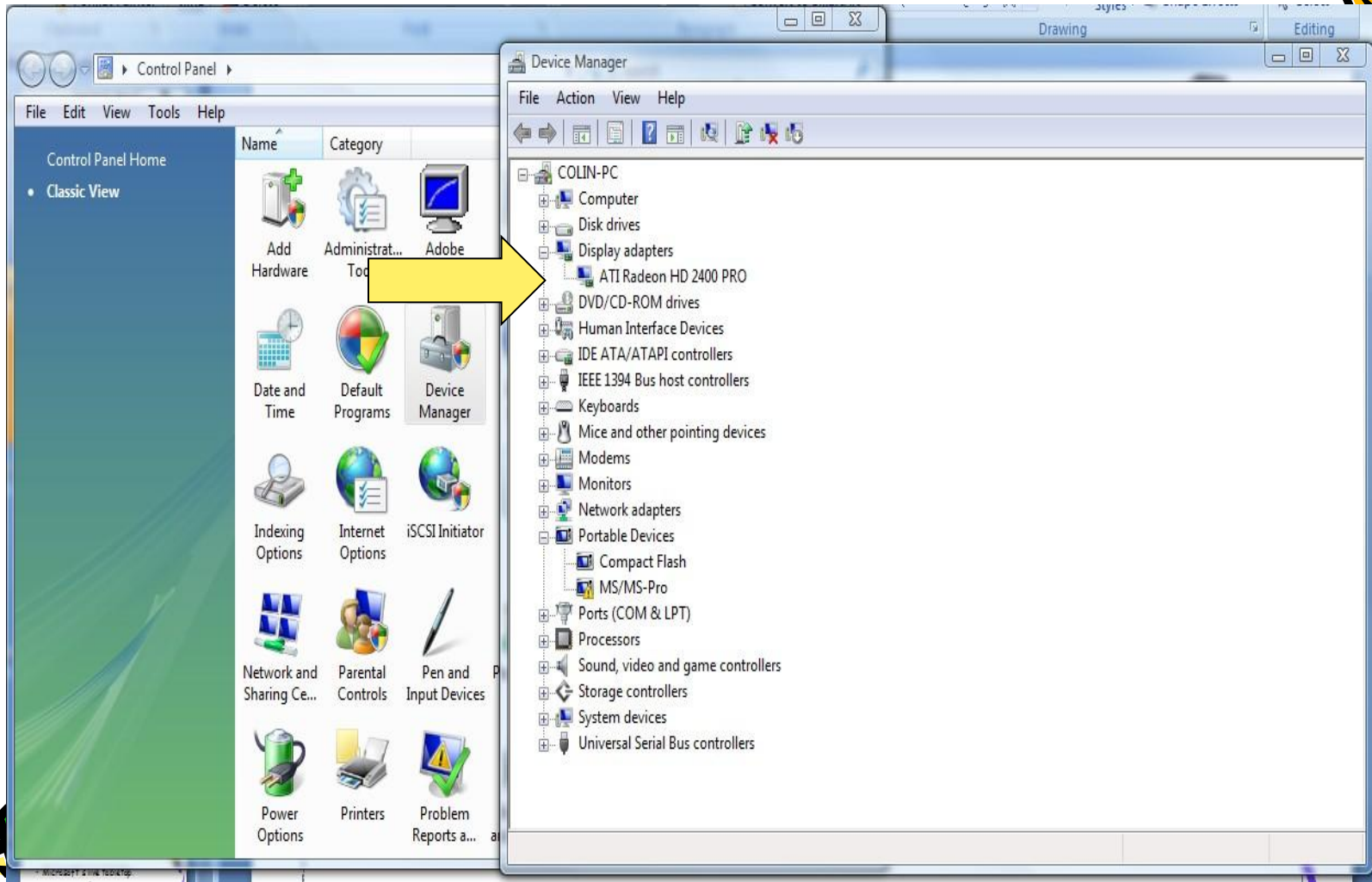
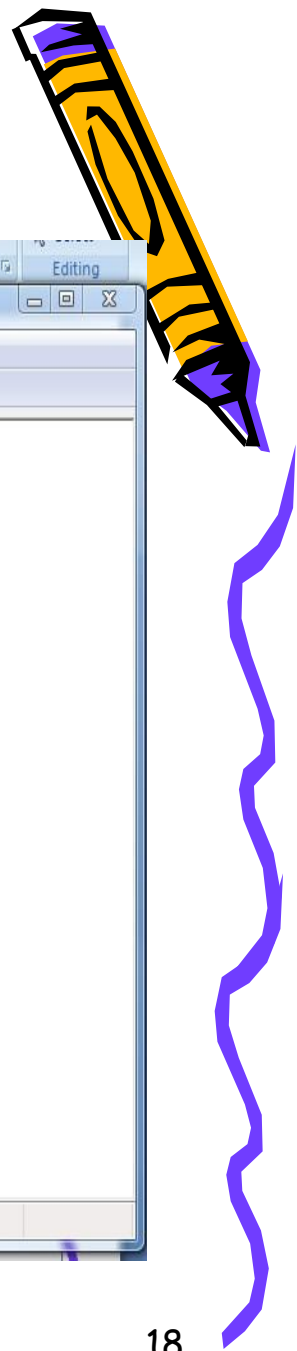


# Presidents Report: Windows Updates

- In windows XP under Admin Tools
- In Vista just click on Device manager.

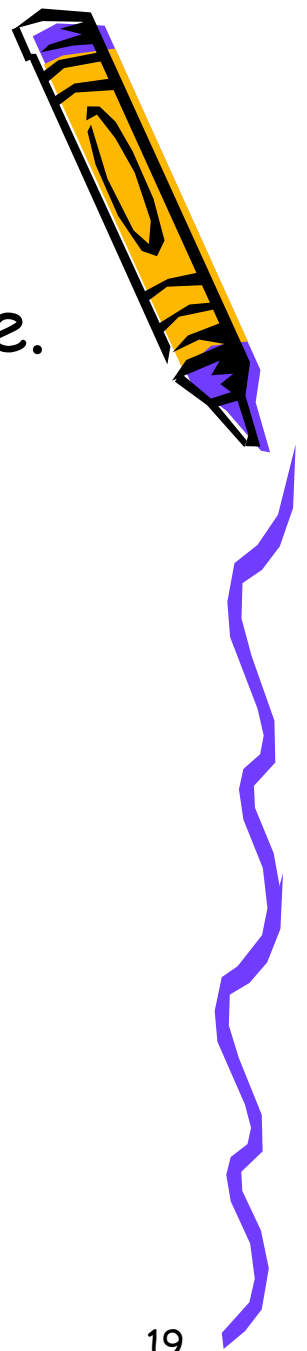


# Presidents Report: Windows Updates



# Presidents Report: Windows Updates

- ❖ Windows Vista SP2 is currently available.
- ❖ Only as a Update.
- ❖ Would suggest you wait till Malcolm downloads it.
- ❖ It is about 380 Mb.



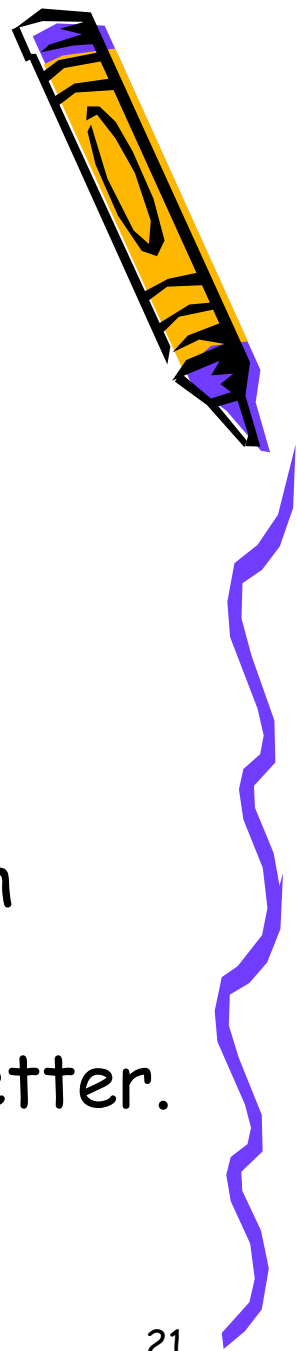
# General Business



- Presidents reports
- Club website:  
<http://www.forestcompals.org.au/>
- Go to Presidents Reports
- All Newsletters



# General Business



- The Virus
- NO not Computer - the Human one!!!
- First symptoms go see your Doctor.
- Stay away from the rest of us.
- Wash hands regularly.
- Use one of the hand gels and carry with you. I do my GP's recommendation.
- See Dicks article in last months Newsletter.

