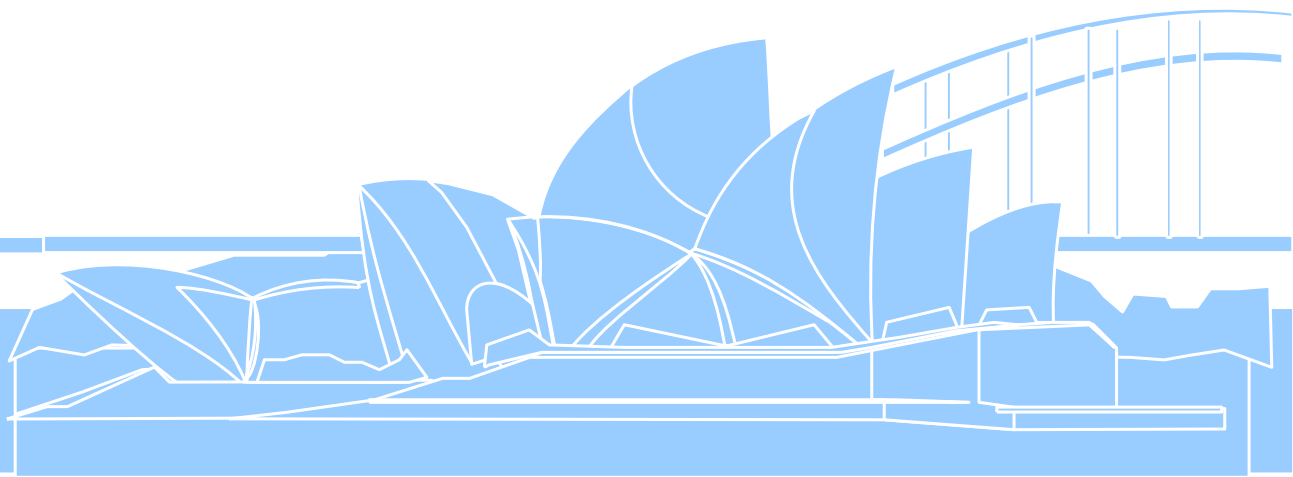


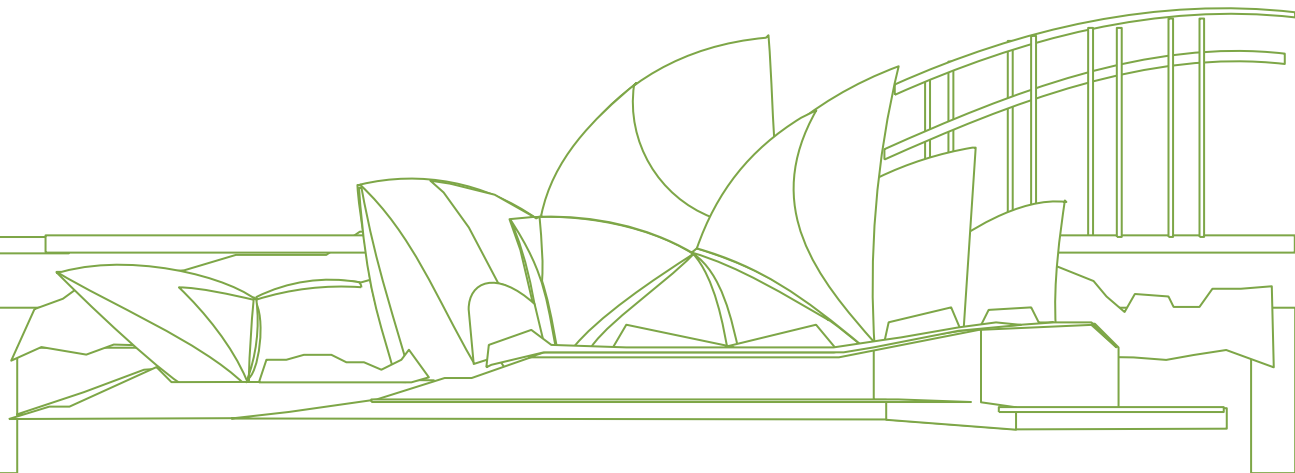
Forest Computer Pals for Seniors

2010

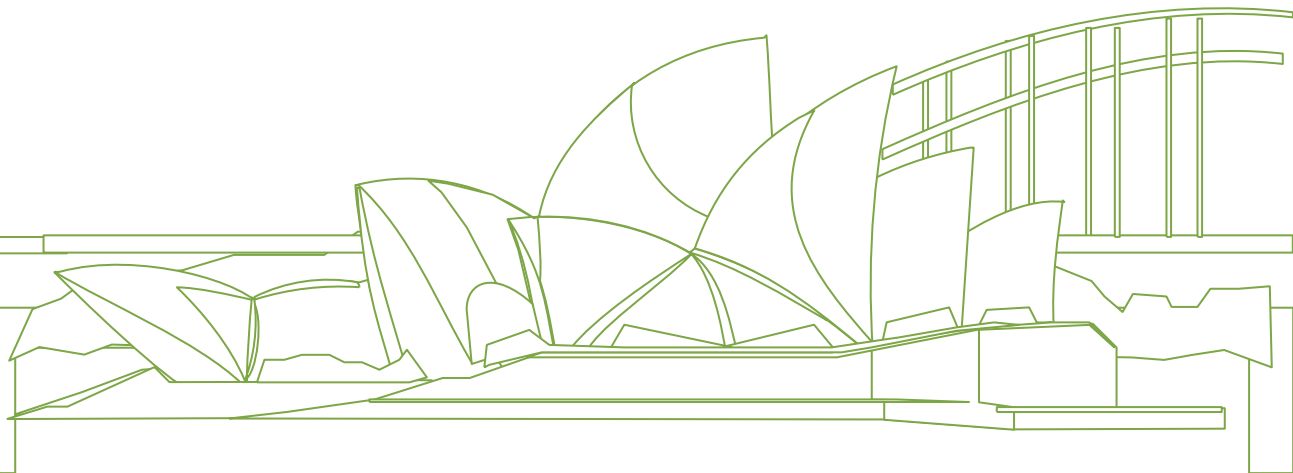


Welcome

- Visitors.
- 1st Time Members.
- And the regulars.

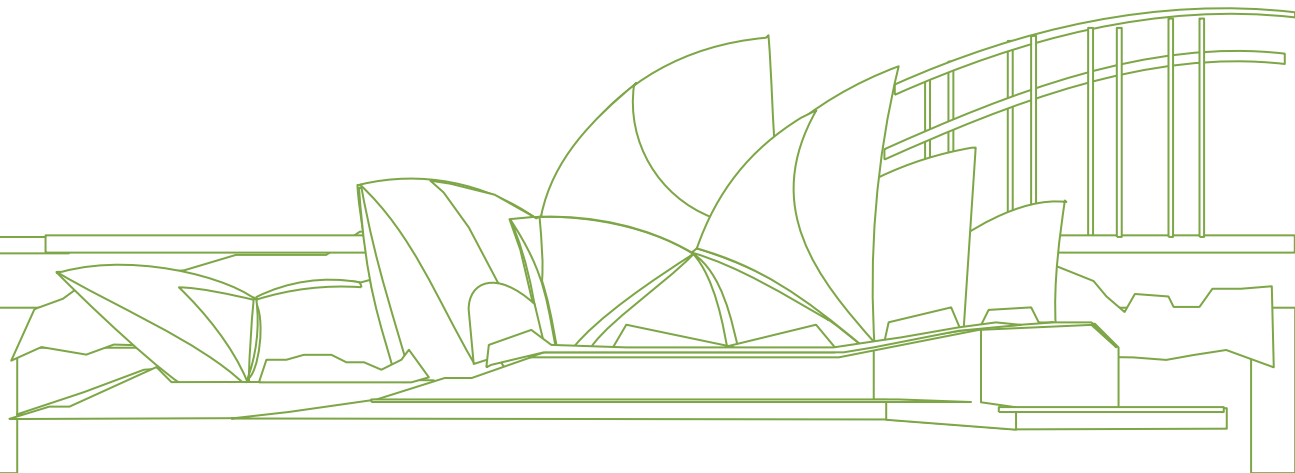


Apologies



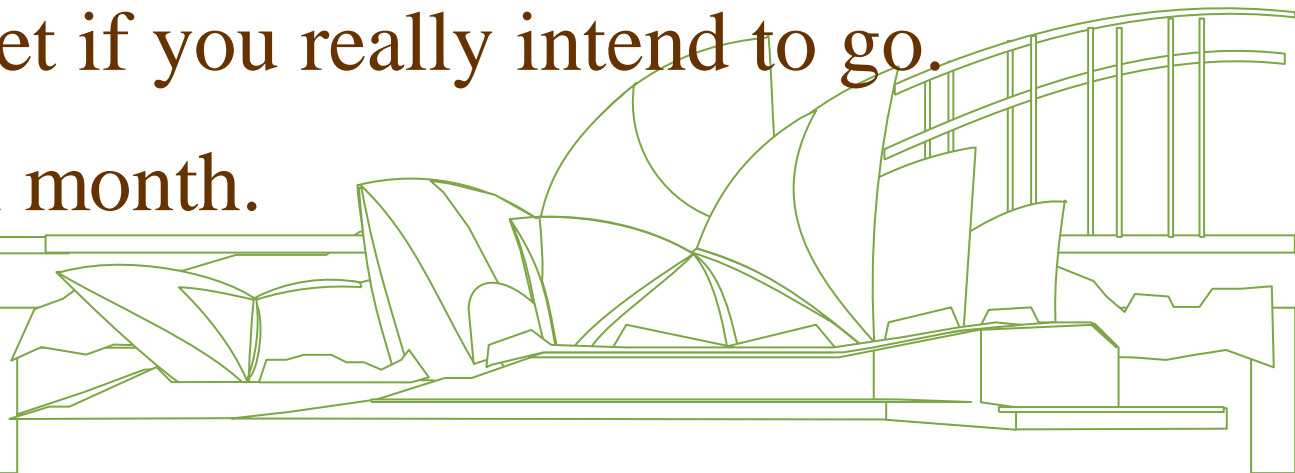
Minutes of Last Meeting

- In Last Newsletter.
- Moved by:
- Seconded by:



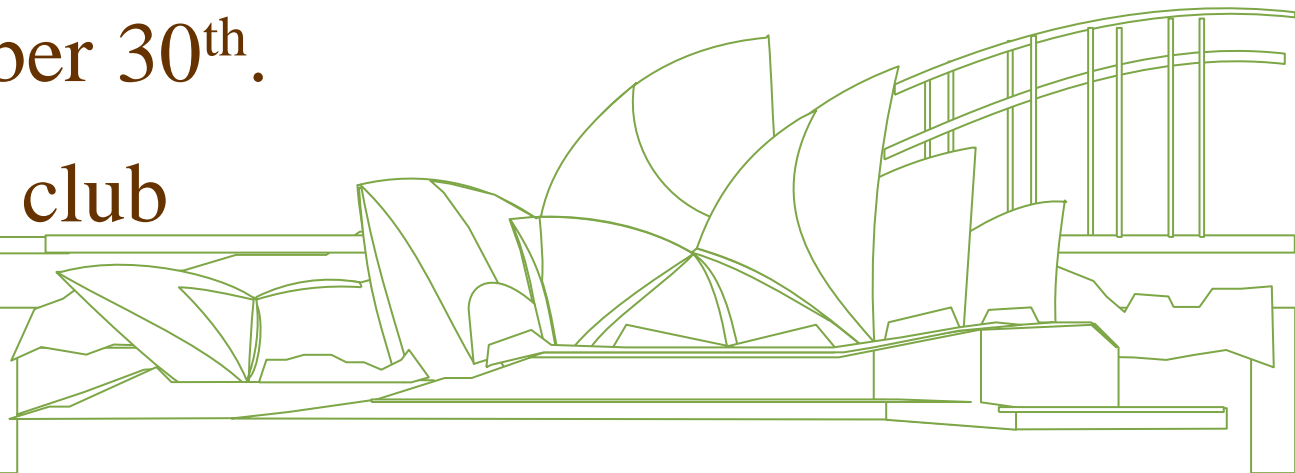
Raffle

- 1 Ticket to ASCCA Conference on
- 8th & 9th September at the
- Powerhouse Museum Ultimo
- There will be 2 more Tickets over next 2 months including today's.
- Value \$110.00 ea
- Only take a Ticket if you really intend to go.
- One winner each month.



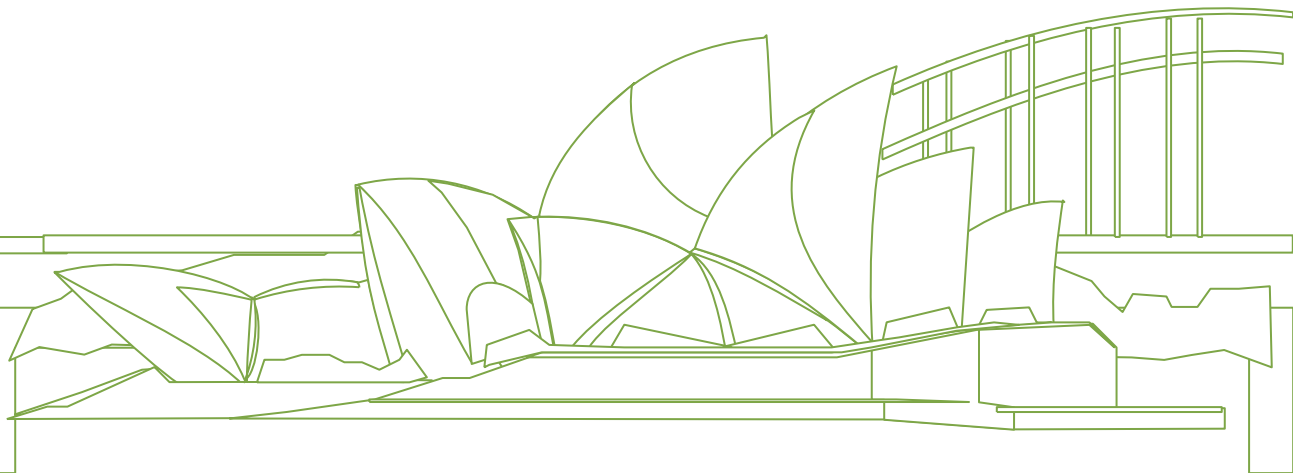
Secretary: Correspondence

- Mail In & Out
- ASCCA: New Website Click this ([OE](#)) or ([Firefox](#))
- Password available to members only area
- Email either Sandra or Colin
- Trainers / Helpers Dinner
- Tuesday November 30th.
- Belrose Bowling club



Treasurers Report

- Accounts: Joe Magno.
 - Members: Reg Flew
 - Total Assets: \$ 25,023.46.00
 - Current Financial Members: 233
- ***



FOREST COMPUTER PALS FOR SENIORS

FINANCIAL STATEMENT - YEARS ENDED 30TH JUNE; 2010; 2009;2008

Income and Expenditure

	12 months to 30.06.10	12 months to 30.06.09	12 months to 30.06.08
Income			
	\$	\$	\$
Membership Fees	17,871.00	17,290.40	17,622.00
Membership Entry Fees	\$ 1,625.00	\$ 1,650.00	\$ 1,975.00
Donations	\$ 1,643.00	\$ 500.00	\$ 4,675.00
Interest Income	\$ 833.13	\$ 997.45	\$ 1,383.96
Other Income	\$ 321.25	\$ 251.30	\$ 228.65
TOTAL INCOME	\$ 22,293.38	\$ 20,689.15	\$ 25,884.61

FOREST COMPUTER PALS FOR SENIORS
FINANCIAL STATEMENT - YEARS ENDED 30TH JUNE; 2010; 2009;2008

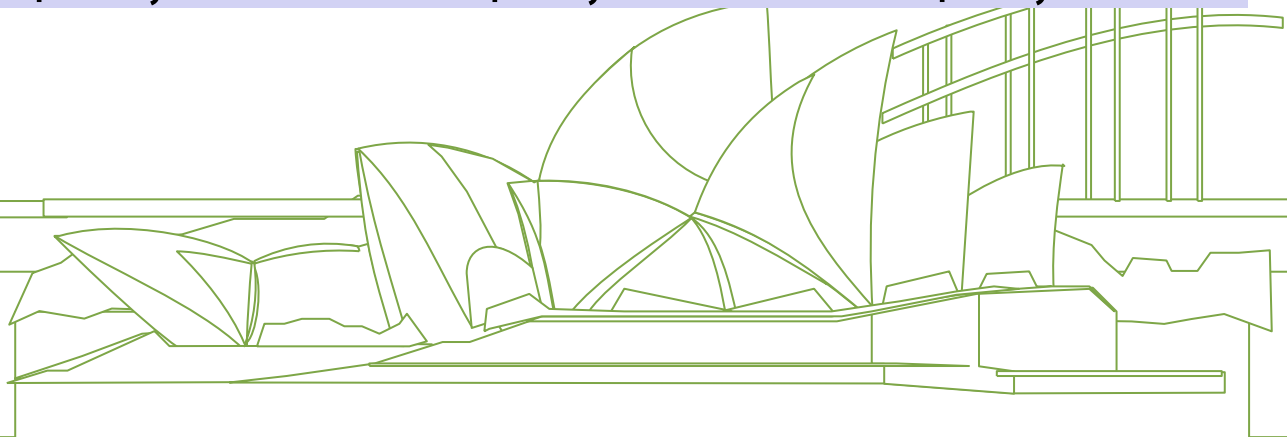
Income and Expenditure

Expenditure	12 months to 30.06.10	12 months to 30.06.09	12 months to 30.06.08
Advertising	\$ -	\$ -	\$ 253.50
Bank Charges	\$ 20.25	\$ 16.25	\$ 20.25
Computing & Peripherals	\$ 5,173.72	\$ 1,293.36	\$ 12,730.70
Fees Associated Members	\$ 246.20	\$ 145.00	\$ 44.00
Furniture & Fittings	\$ 456.00		
Gifts & Presentations	\$ 304.00	\$ 122.56	\$ 187.90
Insurance	\$ 2,376.56	\$ 1,955.65	\$ 1,878.43
Members Ass & Filing Fees	\$ 157.00		
Postages	\$ 802.00	\$ 849.00	\$ 864.80
Printing & Stationery	\$ 864.19	\$ 908.85	\$ 1,337.44
Refreshments	\$ 1,736.41	\$ 1,439.16	\$ 1,497.48
Rent	\$ 5,820.95	\$ 6,937.40	\$ 6,214.75
Repairs & Renovations	\$ 711.46	\$ 3,274.77	\$ 890.02
Telephone & Internet Expenses	\$ 2,174.03	\$ 2,528.09	\$ 3,141.11
TOTAL EXPENSES	\$ 20842.77	\$ 19,470.09	\$ 29,160.38
NET PROFIT OR - LOSS	\$ 1,450.61	\$ 1,219.06	-\$ 3,275.77

FOREST COMPUTER PALS FOR SENIORS

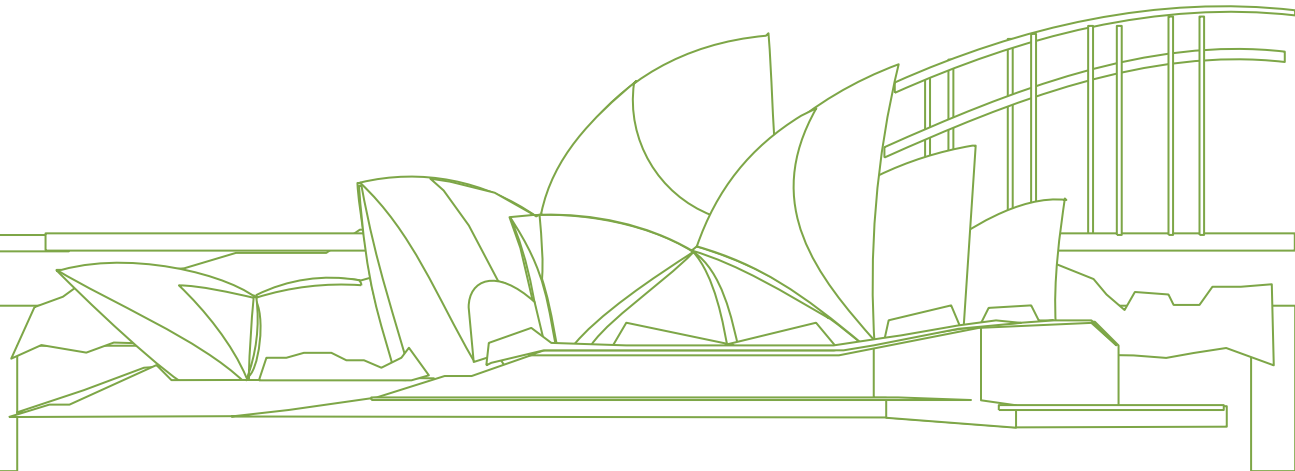
FINANCIAL STATEMENT - YEARS ENDED 30TH JUNE; 2010; 2009;2008

	BALANCE SHEET		
	2010	2009	2008
Assets			
Westpac Bank	\$ 7,669.36	\$ 11,388.48	\$ 2,527.85
ING Direct	\$ 18,073.77	\$ 8,215.03	\$ 8,987.72
Macquarie Bank	\$ 13.68	\$ 7,438.29	\$ 10,682.52
Petty Cash	\$ 62.65	\$ 161.05	\$ 55.70
Library Float	\$ 100.00	\$ 100.00	\$ 100.00
TOTAL ASSETS	\$ 25,919.46	\$ 27,302.85	\$ 22,353.79
Liabilities			
Telstra Grant	\$896.00	-\$ 3,730.00	
Net Assets	\$ 25,023.46	\$23,572.85	\$22,353.79



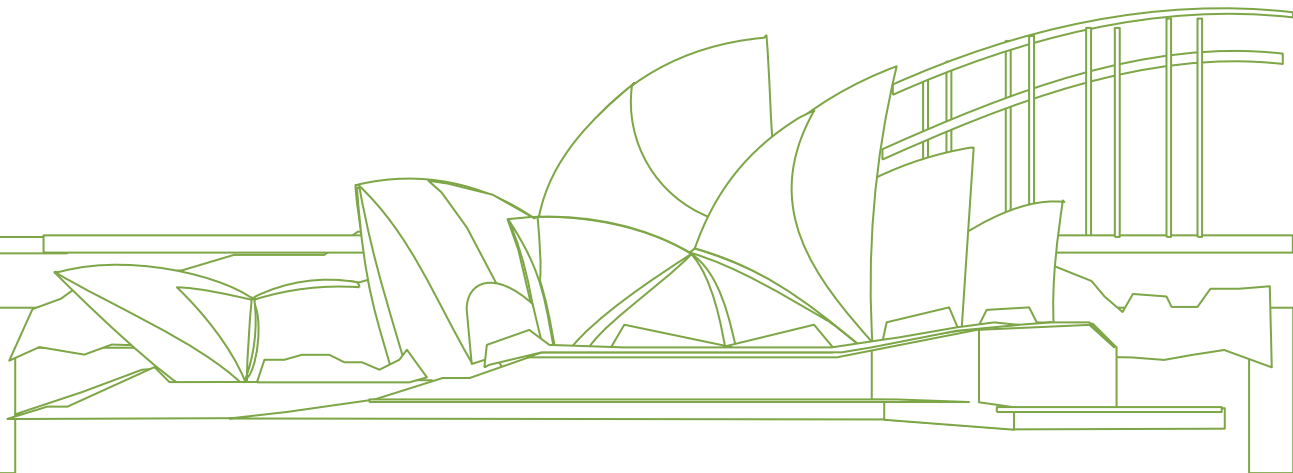
Committee Reports

- Trainers: Darrell
- Purchasing: Ask a Trainer
- Social Director: Marie
- Other Committee Members:
- President: Colin



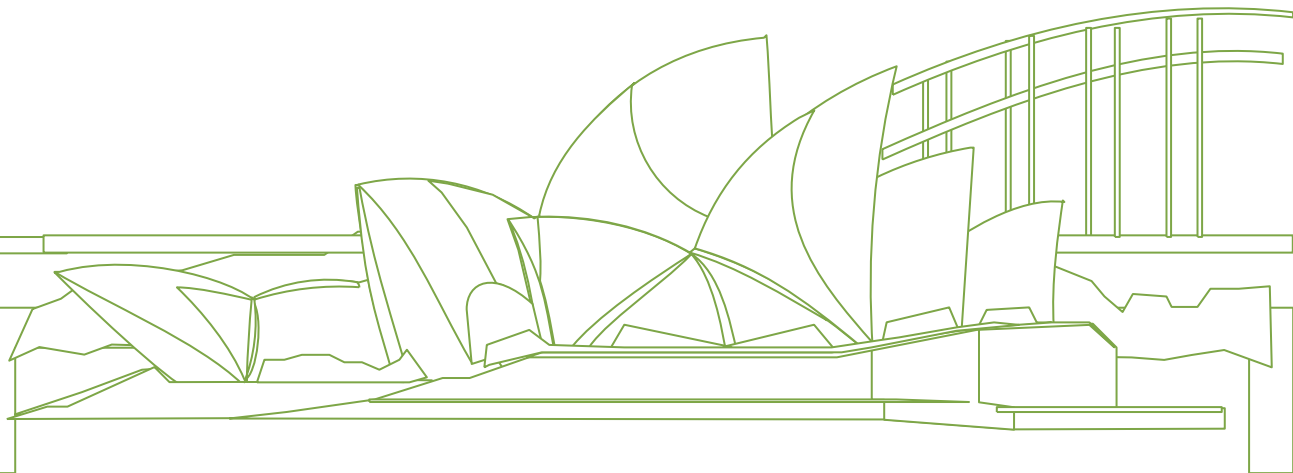
Presidents Reports

- 2010 Club CD of Freebies.
- So much its now a DVD.
- Remember most programs will need updates.



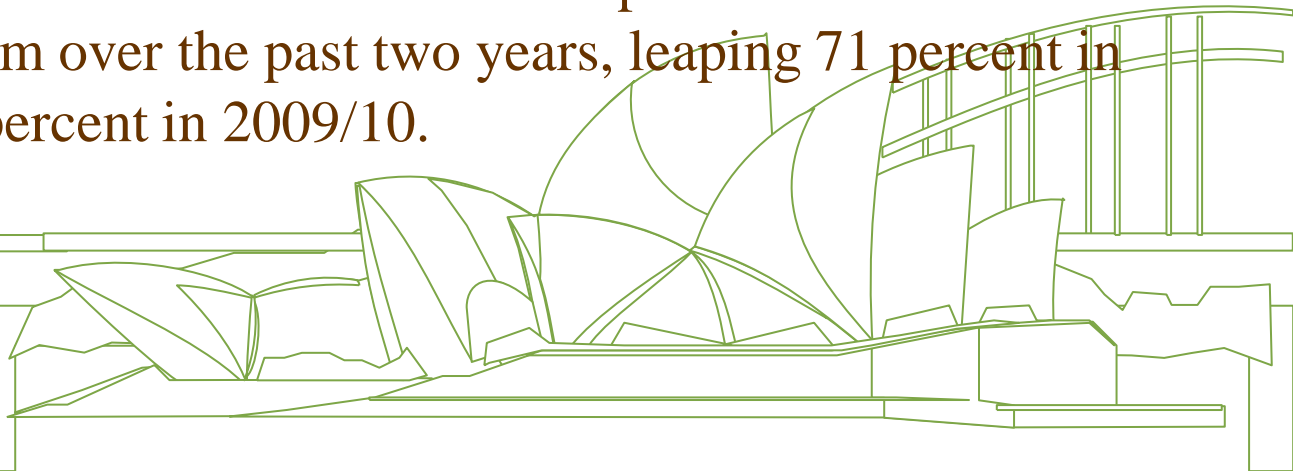
Presidents Reports: RAM

- Windows XP Recommended Minimum 1 Gb.
- Windows Vista & 7 Recommended Minimum 2 Gb.
- Upgrading to windows 7 check your computer can do it with “Microsoft's Windows 7 Advisor”.



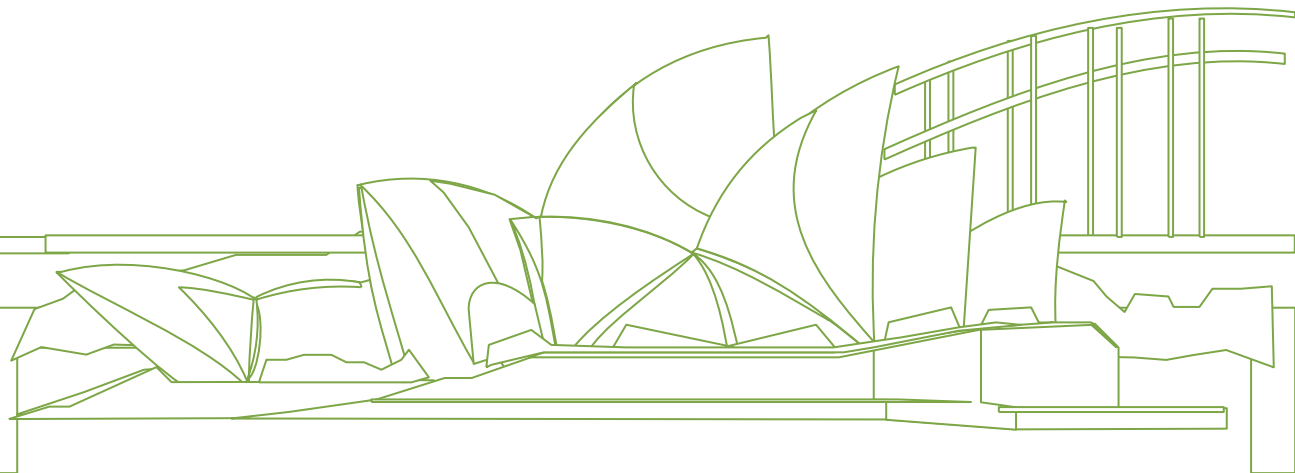
Presidents Reports: SMS SPAM

- **Watchdog crackdown on SMS spam**
- The communications watchdog has launched the "Spam SMS" campaign, asking Australians to forward their mobile-based spam for further investigation.
- "Spam SMS is a simple and convenient way to tell us about spam," says Chris Chapman - chairman of the Australian Communications and Media Authority. "All you need to do is forward the message to **0429 999 888** as soon as you receive it."
- AMCA defines SMS spam as messages sent to a mobile phone without the receiver's consent, sender details or an unsubscribe option. It has noted a sharp increase in SMS spam over the past two years, leaping 71 percent in 2008/09 and a further 12 percent in 2009/10.



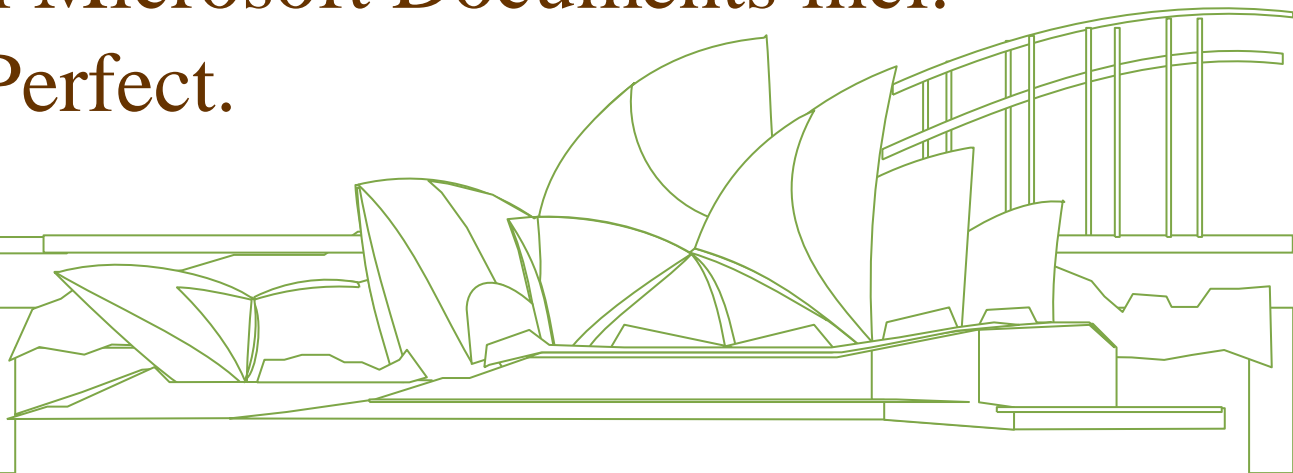
Presidents Reports- Backing-UP your files.

- “Genie Timeline” it is Free.
- This replaces Genie-Soft Back-up manager Home.



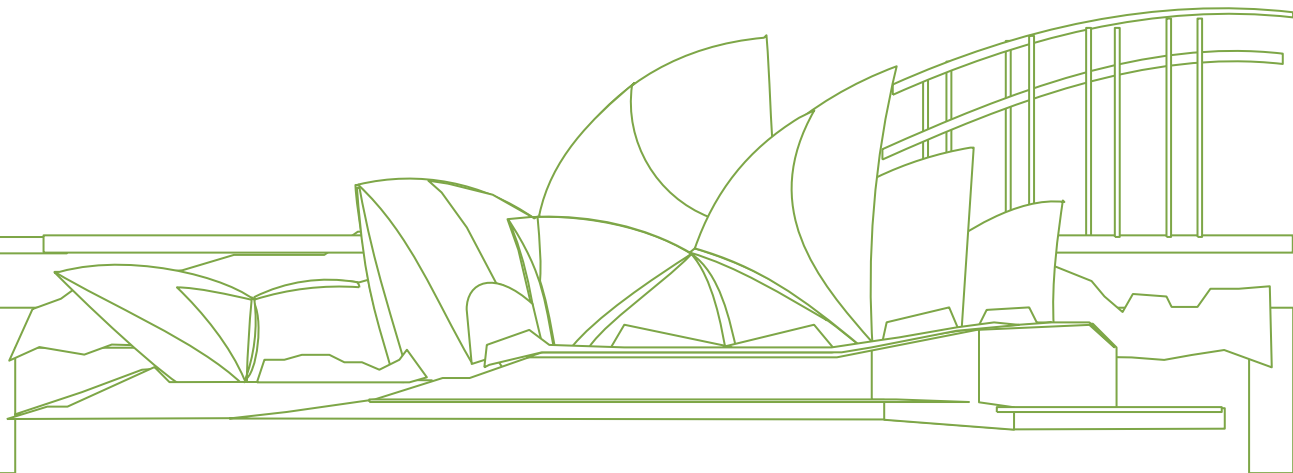
Recommended Software

- **DriverEasy:** It will update all drivers for your computer. Win XP to Win 7. This is a Must have.
- **Auslogics_Disk Defrag:** Will quickly and accurately defrag your Hard drive an absolute must these days. This is Must have 2.
- **Free Word Processor:** Try GO_OpenOffice ver. 3.2 it can read all Microsoft Documents incl. Works & Word Perfect.



Recommended Software

- **STOIK Imagic 5:** Free replacement for Adobe Photoshop. Not all the tools are in free version but good enough for most of us. For \$49.00 for full version.
- **Unshake:** It says it can remove some hand shake in digital images. It uses a deconvolution algorithm to correct images.



Windows Monthly Tip

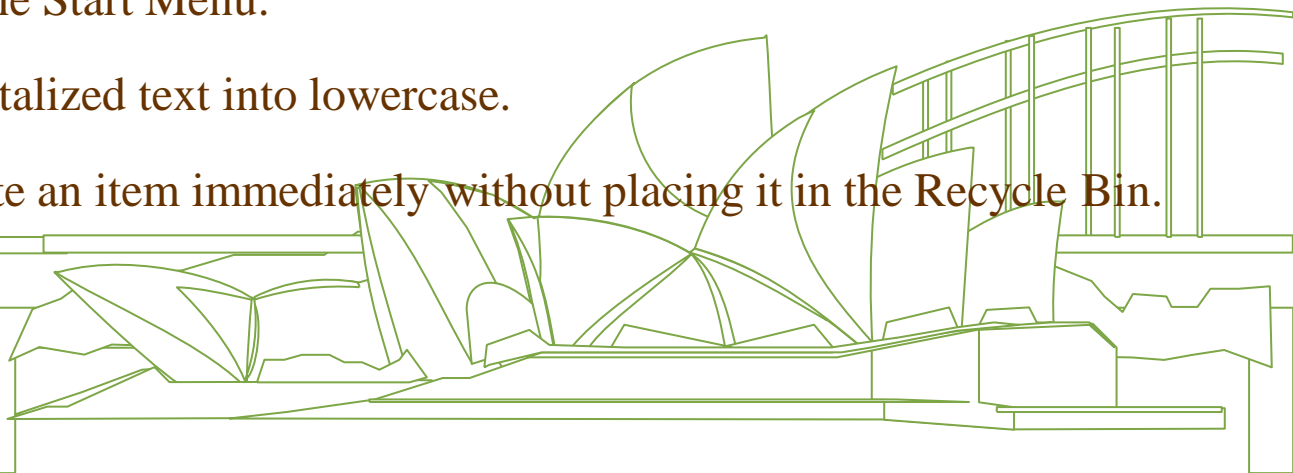
Top 12 keyboard shortcuts

- **Top 10 keyboard shortcuts you should know!**

Are you spending too much time moving your cursor, pointing and clicking just to accomplish simple tasks on your PC? Did you know that you can use your keyboard to work more efficiently?

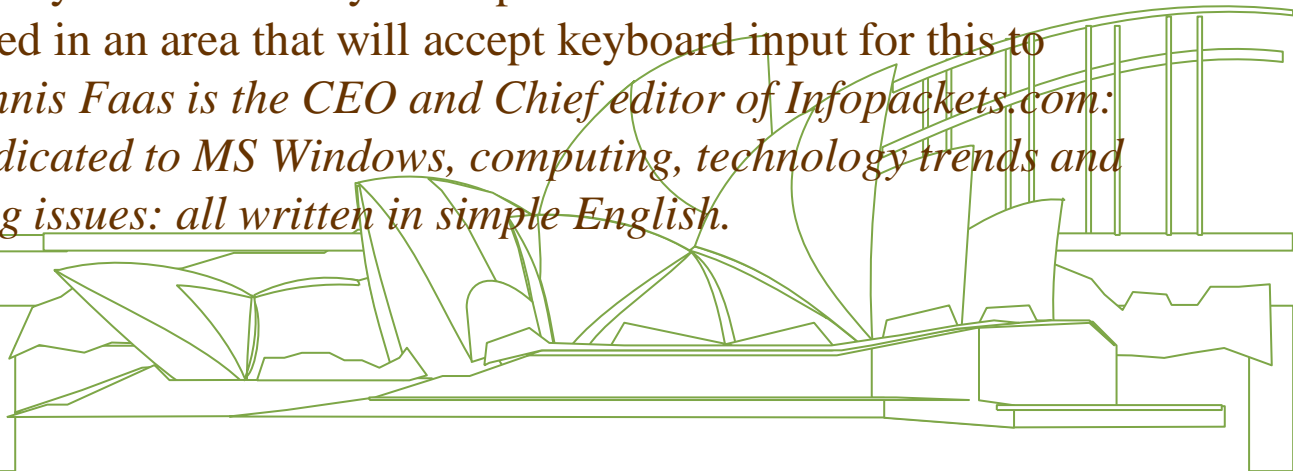
- **Below is a list of 12 keyboard shortcuts that will help you increase your productivity by eliminating the need to reach for the mouse.**

- **CTRL + A** will select all text on a page or document.
- **CTRL + C** will copy text after it has been highlighted.
- **CTRL + V** will paste text that you have copied.
- **CTRL + Z** will undo any change that you have done.
- **CTRL + ESC** will bring up the Start Menu.
- **SHIFT + F3** will turn all capitalized text into lowercase.
- **SHIFT + DELETE** will delete an item immediately without placing it in the Recycle Bin.



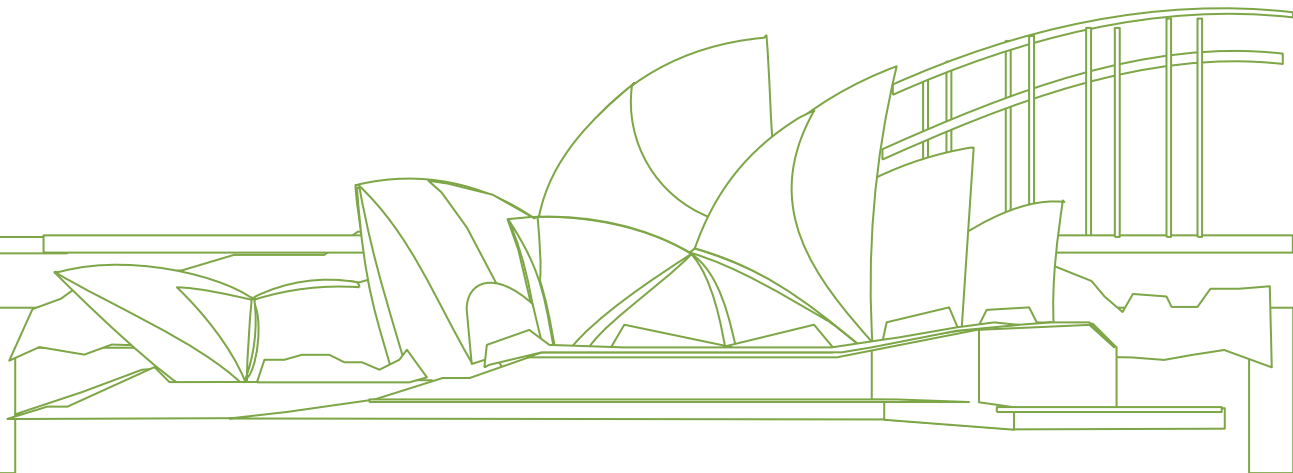
Top 12 keyboard shortcuts

- **ALT + TAB** will bring up a Window with a list of icons representing programs which are currently running on your computer. While holding the ALT key, press and depress the TAB button to cycle between each icon task.
- **ALT + TAB** will bring up a Window with a list of icons representing programs which are currently running on your computer. While holding the ALT key, press and depress the TAB button to cycle between each icon task.
- **ALT + ESC** will switch to the next task running on your computer. Hold down the ALT before pressing and depressing the ESC key to cycle to the next task.
- **CTRL + ALT + DELETE** will bring up Task Manager and allow you to end a process (terminate a program) if it has crashed or has stopped responding. Select the process which has stopped responding, and then press "END PROCESS".
- **SHIFT + INSERT** will paste any text that is in your clipboard.
Your cursor must also be placed in an area that will accept keyboard input for this to work. *About this article: Dennis Faas is the CEO and Chief editor of Infopackets.com: a daily, digital publication dedicated to MS Windows, computing, technology trends and solutions to real life computing issues: all written in simple English.*



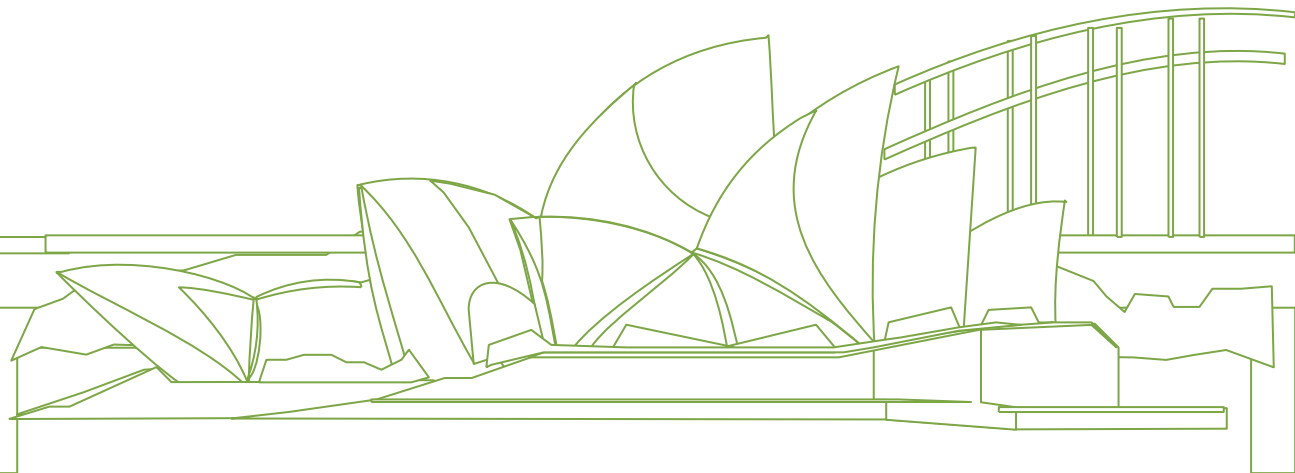
Protecting yourself and your Computer- These are Must haves

- Anti-Virus program –these 3 are the top on Cnet.com
- Avast Free Antivirus **or**
- Avast Free Antivirus **or**
- Avira AntiVir Personal - Free Antivirus
- Anti-Spamware / Malware program. –
- A Squared & or
- Ad-Aware & or
- Malwarebytes & or
- Sophos



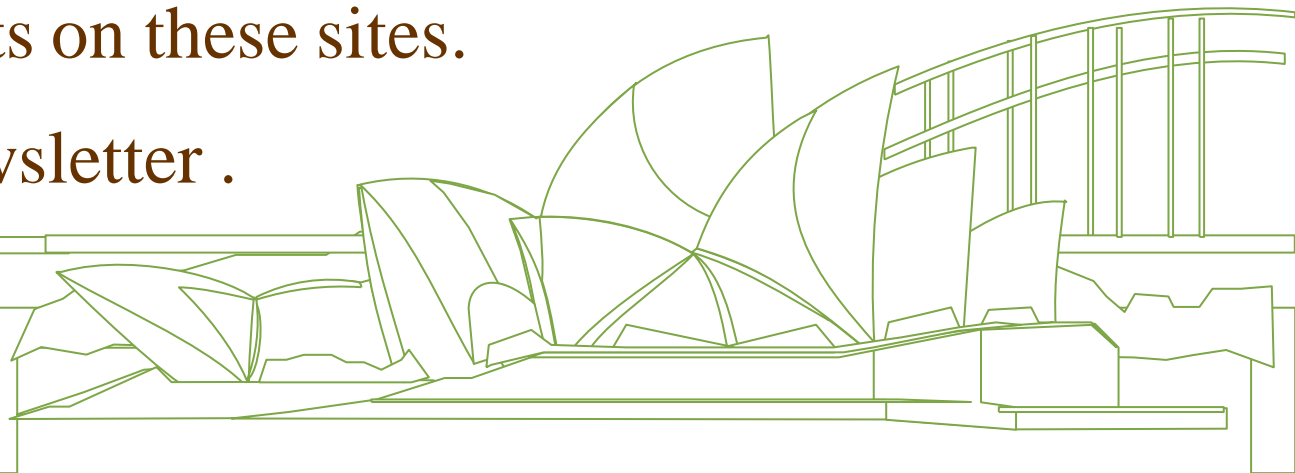
Protecting yourself and your Computer-

- Or you use a Suite
- Comodo Suite – incl. System Restore
- Trend Micro.
- McAfee ASAP through our friends at Hi-Speed Networking.



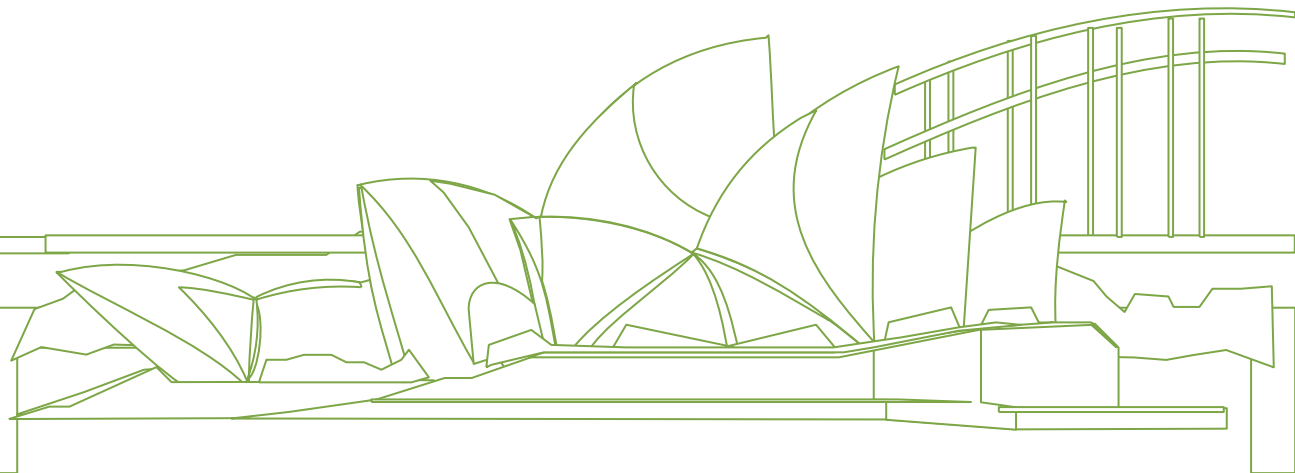
Protecting yourself and your Computer

- Emails that claim to be from your bank, Credit Card Company or some other service you use. It usually asks you to send your account details, and sometimes your PIN, either by return email or through a website.
- The scammer rings you and says he needs access to your computer to remove a virus.
- Just hang up.
- Twitter and other Social networking site scams.
- Be careful of contacts on these sites.
- Article in April Newsletter .



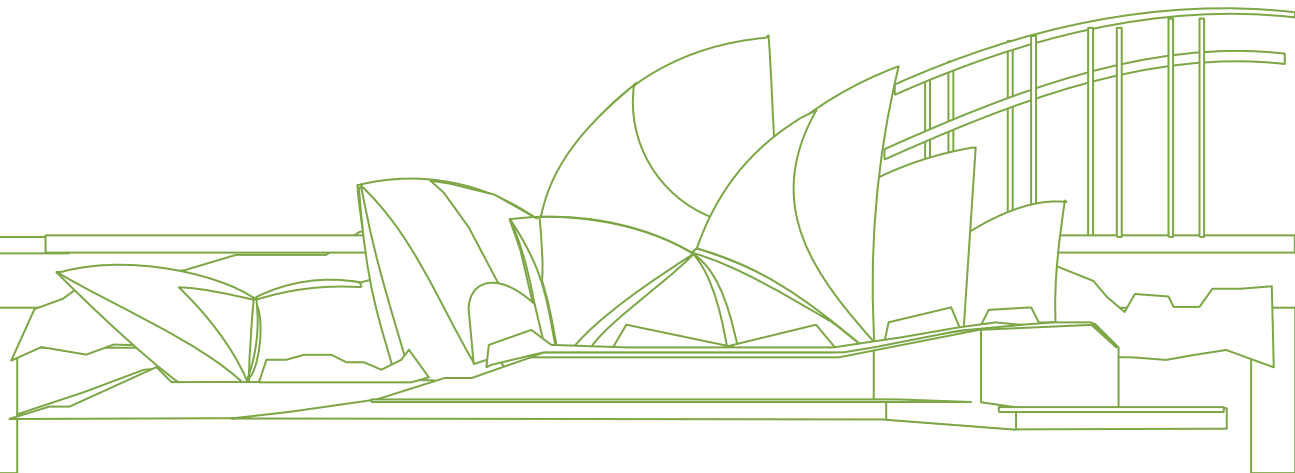
Presidents Report

- Can be found at:
- http://www.forestcompals.org.au/PresidentsReports/presedents_reports.htm



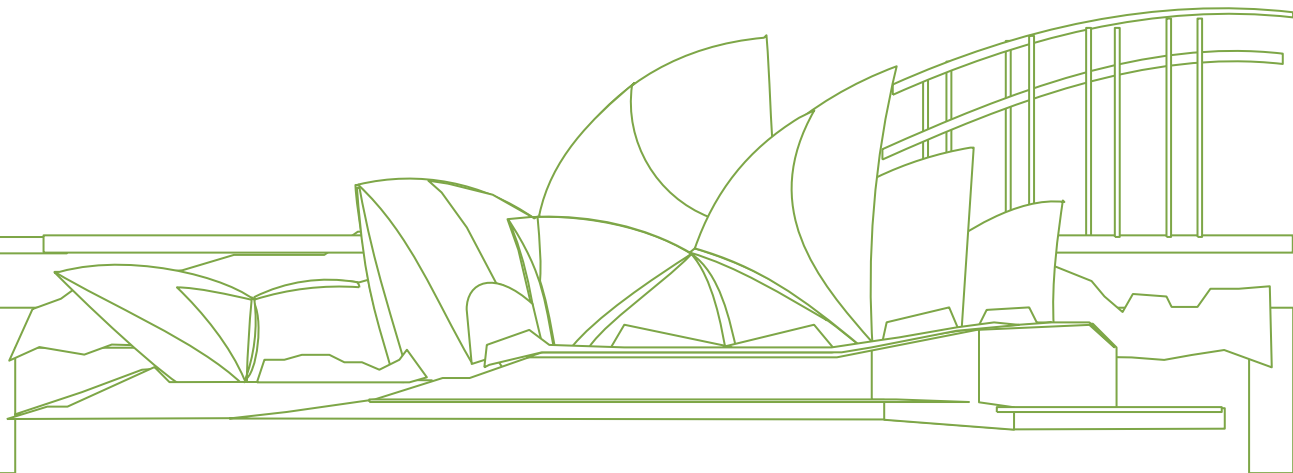
Raffle

- Everyone who wants to go to ASCCA conference.
- Have you got your ticket?
- The Winner Last month was: John Ray
- This Month:



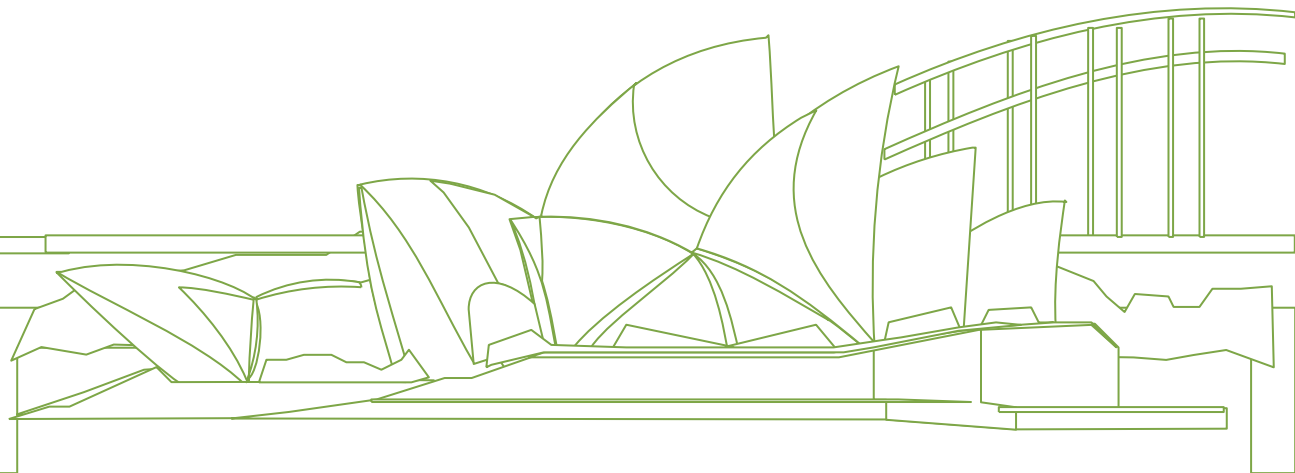
Questions

- Any Questions?
 - Thank You
- ***



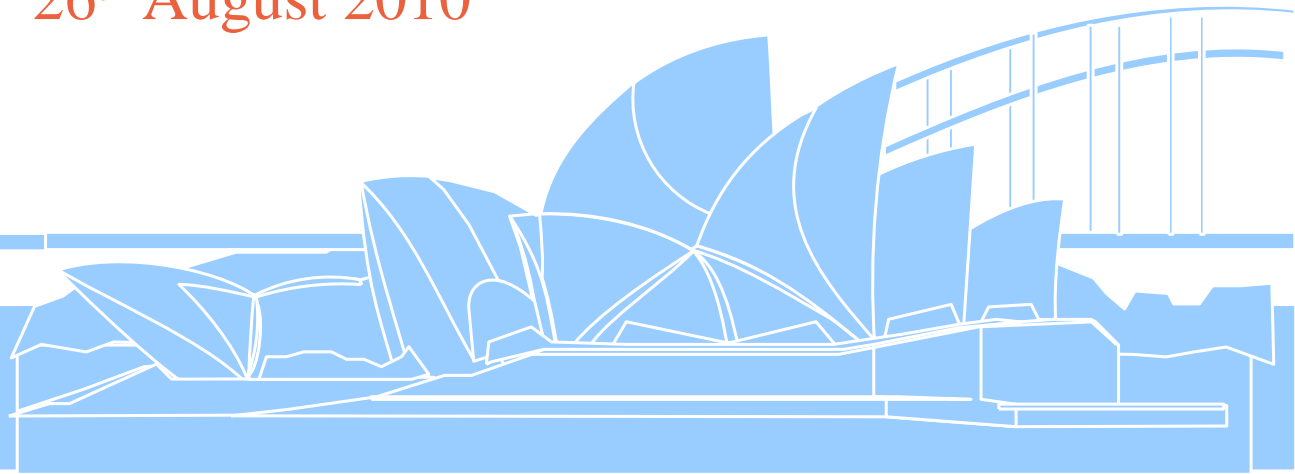
Guest Speaker

- Joan Craymer
- Epping Club. VP ASCCA



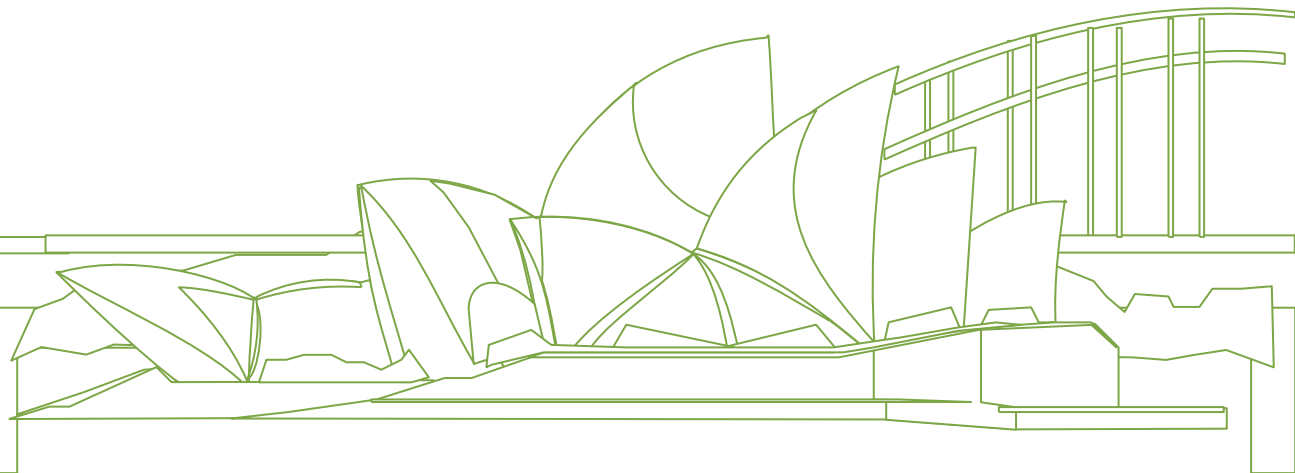
Forest Computer Pals for Seniors

Next Meeting
26th August 2010

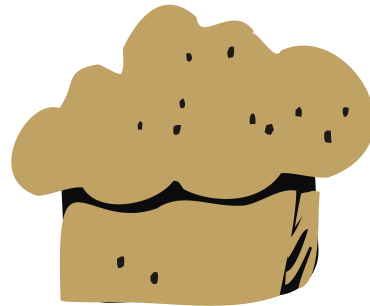


Exits

- Please do not leave by ANY door entering the main hall area.
- That area is in use by another group,
- Exiting through there disturbs their instruction.
- ALL doors to hall are NO NO.
- Marie's orders.



The End



- Enjoy your Cupper

