



Forest News

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Coming events
Committee

- Feb 9th, 1.45 pm
- Mar 9th, 1.45 pm

Forest Computer Pals
thanks Warringah
Council for its support



Warringah Council

IT'S NOT TOO LATE

To get rid of the rubbish on your computer! There have been several tips in previous issues of the Newsletter on how to carry out this important task, even if your new computer has a terabyte of hard disk space. As well as dumping stuff you really don't need, you should consider taking unused programs off the memory, to speed up the operation of your machine. Ask your trainer for specific advice on these topics.

THANK YOU TO THE CLEANERS AND REPAIRERS

While we were all enjoying our holidays, the team of club experts cleaned and up-graded club computers and repaired all the fluff we had loaded onto the machines. As well, they gave the office a good "spring-clean". Thanks to those members from us all.

QUEENSLAND FLOOD RELIEF

While this issue was being prepared, Queenslanders in the central and southern regions were anxiously watching rising flood waters. The devastation has been enormous and many of our fellow Australians need immediate help.

If you would like to help, the website following opens the Queensland Premier's Relief Appeal and also the RSPCA for those concerned about animal welfare as well as human needs: -

www.qld.gov.au/floods

Doubtless there are other organisations you may prefer, but this one is easily accessed and under good control. (Since preparing this news item Victoria has copped it too!)

VALE BEN

Many members were saddened to hear of the death of Colin's faithful dog Ben right at the end of 2010. He had been a great companion to Colin and we offer condolences to Colin.

WINDOWS UPDATE OPTIONS

Ken Moorley kindly supplied the following website for those thinking about a Windows update:

www.ghacks.net/2010/12/20/microsoft-windows-update-overview-all-you-need-to-know/

He also supplied the website

www.ghacks.net/2011/01/17/microsoft-mathematics-now-free-perfect-tool-for-math-science-buffs/

An amazing calculator assisting one to execute many difficult computations impossible to perform without a considerable knowledge of higher mathematics. The download is free, so computer buffs, give it a try some time.



Club Christmas Party

The Christmas party went with a real swing in December, thanks to the efforts of Anna and her team.

In the accompanying photo, Secretary Sandra and Anna (on the right) introduce a very special Father Christmas, who claims to have never heard of erstwhile prime Minister Malcolm Fraser and his exploits in USA.

FRENCHS FOREST DEVELOPMENT PROPOSAL

The government has released full details of its proposal to rezone an area from Beacon Hill to the vicinity of the Frenchs Forest Primary School. Under the proposal, the area will have medium to high density housing, extended business parks and new commercial buildings. If you would like to learn more about it, or make a submission conveying your views, go to web-site:

www.planning.nsw.gov.au/DevelopmentAssessments/Onexhibition.aspx

Letter to Members
(from Reg Flew)

Dear Members,
I would like to say "Thank You" to the lovely lady trainer who travelled to Wahroonga to visit me, the many friends who wished me well by telephone whilst at Lady Davidson Rehabilitation and many who sent cards to my home .
Many Thanks, everyone,
Reg.

FEBRUARY MONTHLY MEETING

TRISH LEVIDO

Will be our first speaker for 2011. Trish is an expert communicator and will tell us how make a really good record of our life experiences and put them on to the Internet and possibly to print them out for our families and friends to enjoy.

She will speak immediately after afternoon tea, about 3 pm. Members and their guests are welcome.

Please come to this opening talk for 2011, which will be held on February 24, starting with a short business meeting at 2 pm.

BLOGS, CHAT ROOMS, TWITTER, FACEBOOK ETC

Do you chat, blog, or Twitter, or like me, are these strange words to you from a nether world of mystery and intrigue? In this brief item we try to explain something about them and in particular look at snares and traps they may possess.

BLOGS: The word is derived from Web Logs, and is used to describe sites put up by individuals to let other Internet users know what they have been up to; usually a personal diary, often trite and dull, but sometimes used for political foment. There is no individual owner, with many organisations offering blogging services.

CHAT ROOMS: rather similar to Blogs, Chat Rooms allow users to exchange ideas on any topic. Some chat rooms require registration. Widely used by teenagers, which says something to me about their value!

TWITTER: owned by Twitter Inc, a San Francisco outfit founded by Jack Davey and two friends, allows users to communicate with others by using "Tweets". Access to tweets can be restricted to "friends" if desired. It is free to use, except that sometimes phone charges apply. Over 200 million people world-wide use Twitter, including WikiLeaks.

FACEBOOK: owned by Facebook, a private company founded by Mark Zuckerberg and friends in 2004. Users must be at least 13 years old, not a problem for Computer Pals members, unless they are custodians for grandchildren! Registered users post information about themselves on their individual sites and accumulate "friends". There are about 600 million users of Facebook, including many governments. It is likely to become an important medium.

Googling any of these sites will lead you to more detailed information about them.

But we'd like to note a few precautions about all of them. Firstly, if you are in easy contact with people you know, on sites you now use, think carefully before entering one of the above sites. If you do decide to use them, do not provide any personal information, including photographs. There have been cases of nasty persons "grooming" other users of these sites, with ulterior motives in mind. *(Continued on page 4)*

TRAINERS AND COURSES

There are about 20 trainers assisting club members at present and their help is greatly appreciated. Trainers agree that teaching fellow members how to use computers is very rewarding, not only because they are helping others, but particularly because they learn so much more about computing. *Perhaps you would like to become a trainer? The club runs a special course to "train the trainer". Please contact any trainer or Darrell Hatch, our Training Coordinator, for more details.*

MICROSOFT WORD PROCESSING

Derek Rowland: Runs group training sessions in MS Word 2007 and Operating System Windows 7. Next course will start on Feb 4 at 1 pm (promptly) and runs for 6 weeks. Derek covers the full range of Word's capabilities, including WordArt, Graphics, Tables and Drawing features, as well as Word Processing. Notes are provided at each of the sessions. Please add your name to the list in the office, or ring him. Course limited to 14 participants max.

INTERNET COURSE

John Ray's course starts at 1 pm on Tuesdays and run for 3 weeks in three one hour sessions. Browsers, Email, Security and Settings will be covered. Please add your name to the list in the office for the next course.

INTRODUCTION TO OUR CLUB AND COMPUTER BASICS

Darrell Hatch: Darrell runs a basic course for newcomers on selected Saturdays, from 9.30 to 1130 am. It's easy to follow and a good starting point. Please put your name on the list at the club office to register for attendance. Existing members welcome too!

MS EXCEL SPREADSHEETS

Malcolm Fell offers training in MS Excel on an appointment basis. Please Email him on mmfell@optusnet.com.au for more info.

COMPUTER MAINTENANCE

On Wednesday afternoons, you may bring your troublesome control tower or laptop to the office, when

Colin Ward may be able to suggest a solution to your problem, or make an adjustment. Appointments are necessary for this often lengthy procedure.

GENEALOGY

Anna Karalus will help you get your family tree in shape, among other things. She trains on Thursday mornings

DIGITAL PHOTOGRAPHY

John Robinson: attends from 10 am to noon on Wednesdays. Please see item on page 4.

PICASA COURSE

Sandra Brophey: will run a 3 week course on Picasa starting on October 7. The session runs from 1 pm to 3.30pm. Please add your name to the list on the noticeboard.

MOBILE PHONE COURSE

Contact **Gerry Benjamin** by email (gbenjamin@bigpond.net.au) for details.

THE COURSE YOU WANT IS NOT ON THE LIST?

If there is a course you'd like us to supply, please tell Darrel Hatch and he'll see what can be done to meet your need.

IMPORTANT NOTICES

Recording Your Attendance and Departure times

Most of us remember to sign in on arrival at the club office but sometimes some of us depart without recording our time out and our signature. It is important to record this in the attendance book please.

Subscription Reminder

The annual subscription is \$70, or \$25 if paid quarterly. The address label on mailed newsletter will advise when subs are due. If you receive your newsletter by email, reminders are emailed just before your subscription expires. When paying, please put your cheque or cash in an envelope with your name and number on it and hand it to a trainer or office assistant to put it in the diary and cashbox. Alternatively, post it (cheques only) to:

The Treasurer, Forest Computer Pals for Seniors, PO Box 116, Forestville 2087, or make an EFT payment directly to Forest Computer Pals for Seniors Bank Account. For further information the Treasurer's email address is:-

treasurer@forestcompals.org.au

Members Training/Appointment Calendar

Members are asked to print their First and Family Names on the appointment schedule so that, if a trainer needs to contact them for any reason, their identity will be clear.

Members may book ahead for tuition for two separate one hour sessions per week. However, if a member wishes to have extra tuition that member may, on the day they wish to attend, phone the club and if there is space available then, and only then, they may book extra time. (This requirement does not apply to Special Group courses as they are not listed on the booking sheets).

Would members who have booked time and cannot keep the appointment please phone as early as possible to allow others to utilise the vacant place.

<p align="center">ABOUT THE CLUB</p> <p>Through mutual help we assist members to develop or improve their computer skills, including using the Internet. We do this in a relaxed environment where we also enjoy fellowship and exchange of ideas. We operate on a minimum budget and are very dependent on prompt payment of members' subscriptions to maintain this objective.</p> <p>The club is a founding member of the Australian Seniors Computer Clubs Association (ASCCA). The work of the club is voluntary and depends mainly on its members for its resources in management and training.</p> <p align="center">APPLYING FOR MEMBERSHIP</p> <p>Enquiries from prospective members are welcome. Please call the club office (9975 7762) or the Membership Coordinator (Reg Flew, 9971 0325) for more information.</p> <p>The entry fee is \$25. Subscription fees are paid annually (\$70), All members, including trainers and committee persons, pay full membership.</p>	TRAINER INFORMATION					
	Mon am	Jan van der Hilst Bruce Adams	9452 5475 9958 3685	Mon pm	Malcolm Fell Bob Brisebois Bruce White Joan Kohler	9451 6050 9451 4660 9451 9779 9905 5193
	Tue am	Don Muir Graham Allan Shirley Palmer	9451 6548 9451 4336 9451 0158	Tue pm	Special courses: see Notice Board and Trainers & Courses, page 3	
	Wed am	Dick Manuell Archie Macnaughton Gay Savage John Robinson (10-12)	9451 1578 9938 1971 9452 1937 9451 5977	Wed pm	Ian Parsons Ken Moorley Susan Howell Jack Wilson	9452 4249 9451 0494 9415 1167 9452 1148
	Thu am	Len Johnson Richard Smith Anna Karalus	9450 2167 9451 5573	Thu pm	Specials—see notice board	
	Fri am	John Ray Kate Holland Pam Perrin (10 am)	9451 9396 9810 2451 9449 2734	Fri pm	Derek Rowland MS Word groups	9451 3969
Committee for the year October 2010 to October 2011						
Colin Ward President		9451 1000	Reg Flew Vice-President		9971 0325	
Sandra Brophay Secretary		9939 7737	Joe Magno Treasurer		9451 0592	
John Ray		9451 9396	Darrell Hatch Training Coordinator		9982 7139	
Ken Moorley		9451 0494	Bruce White		9451 9779	
Anna Karalus		9451 5573	Gerry Benjamin		9453 3255	
<p align="center"><i>(continued from page 2)</i></p> <p>Don't use your regular email address, but go through an anonymous bridging address, such as Yahoo, or hotmail. Don't aim to build up lots of "friends", restricting your friends to people well known to you, who share similar values. Do not join any unmoderated sites. Caution young people to not say anything they may later regret and to cut short any improper items from unknown people.</p>						
<p align="center">Leisure By William Henry Davies (1871-1940)</p> <p><i>What is this life, if, full of care, We have no time to stand and stare.</i></p> <p><i>No time to stand beneath the boughs And stare as long as sheep and cows.</i></p> <p><i>No time to see, when woods we pass, Where squirrels hide their nuts in grass.</i></p>		<p><i>No time to see, in broad daylight, Streams full of stars, like skies at night.</i></p> <p><i>No time to turn at Beauty's glance, And watch her feet, how they can dance.</i></p> <p><i>No time to wait till her mouth can Enrich that smile her eyes began.</i></p> <p><i>A poor life this if, full of care, We have no time to stand and stare.</i></p>			<p align="center">John Robinson</p> <p>Will not run software training for February! Instead he will offer training on how to use one's digital camera effectively; including cleaning it, setting it correctly and composing shots, among other things. He will train from 10 am to noon on Wednesdays, on a one-on one basis. Booking essential and so is your digital camera.</p>	